

D.S.B.N. ELEMENTARY INTERSCHOOL ATHLETIC ASSOCIATION

M: Volleyball - Overview

1. Introduction:

Volleyball may be the first team sport offered by schools during the school year. Sufficient time should be given for the development of skills and team play. The late fall season allows early autumn activities to finish, yet concludes the volleyball season before the hectic mid-December schedule.

2. Grade Groups:

- a) There are separate leagues for Junior and Intermediate Levels.
- b) Thus, there are four leagues: Junior Boys, Junior Girls, Intermediate Boys, and Intermediate Girls.
- c) Note that in some Areas (not centrally-organized) there exists Co-ed Junior and Co-ed Intermediate tournaments.

3. Organization:

- d) Area games are suggested not to start before the completion of Cross-Country at the Junior level. At the Intermediate level this at times can not be avoided..
- e) At the Junior Level:
 - i) Areas organize leagues to name Area winners.
 - ii) If schools wish to participate in the Post- Area Tournament, Area finals must be completed before the Post-Area Tournaments begin.
 - iii) At the Intermediate level the D.S.B.N. Tournaments run independently of league play due to the difference in structure.

4. Specific Coaching Responsibilities:

- a) The home team coach should offer some type of change facilities for the visiting team where their clothes will be safe and unharmed.
- b) The visiting team coach must ensure that on exit, the change room is in the same state as when they entered.
- c) Coaches should ensure that they have score keepers, lines people and referees and/or payment money as required.
- d) During warm-up, each team will use only one side of the court. Proper warm-up activities should be conducted.
- e) Ensure that players are aware how to enter the court, switch sides and shake hands properly.
- f) Call in game results as soon as possible as outlined by the convener.
- g) Coaches are requested to be aware of their spectators' behavior and their effect on play.

5. Specific Convener Responsibilities:

- a) Refer to the convener's section (*see section I - 'Conveners'*) of this manual for step-by-step assistance.
- b) At coaches' meeting, discuss:
 - i) court size
 - ii) serving rules/limits
 - iii) net height
 - iv) point system
 - v) substitution rules
 - vi) league and playoff structure
 - vii) communication system / reporting scores
- c) Recommend that Area leagues play by O.V.A. rules as used at D.S.B.N. Post-Area tournaments.

6. Rules and Scoring:

- a) Certain rules will have to be made yearly in regard to scheduling, court size, net height, and other common rules which are the wishes of those participating in volleyball that year. Because we are attempting to teach proper individual as well as team skills, it is both necessary and realistic to have our children play under rules both as close to O.V.A. rules as we realistically can, and at the same time keep the rules in the situation where each child will enjoy and understand the game.

- b) Basic Rule Chart:

	Junior (grades 4-6)	Intermediate (grades 7-8)
Net Heights	Girls: 6'4" (1.93 m) Boys: 6'7" (2.01 m)	Girls: 6'11" (2.11 m) Boys: 7'2" (2.19m)
Court Size	30ft. Wide x 25 ft. Long The court must have a line 20' from the net that is used as the serving line	O.V.A. Regulation
Serving Limits	5 serve maximum	10 serve maximum
Scoring	Rally Point Scoring System (must win by 2 - cap of 27)	Rally Point Scoring System (must win by 2 - cap of 27)
Referees	non-O.V.A. referees	O.V.A. referees

- c) 'Equal Play' is used for both Junior Boys and Junior Girls leagues. If a line has more than 6 players, "rotation" into the back-middle is to be used.
- d) At the Junior level, B-line plays 1st and 3rd games, A-line plays 2nd and 4th games. If a 5th game is required (for playoffs), the B-line plays until one team reaches 12 points. At this time, the A-line finishes the game.
- e) Crests and pennant to be awarded to divisional winners, area champions, consolation champions and finalists.
- f) Medallions and plaque to be awarded to Post- Area tournament winners

7. Post- Area Event (D.S.B.N. Championship Tournaments):

Junior Level:

- a) Winning team (or designate) of each Area advances to Championship tournament.
- b) See Section P. p. 2 for who advances from each area on a yearly rotation
- c) The Championship tournament consists of ten teams and occurs on a single-day (weekday, during the day).

Intermediate Level:

- a) All schools are divided into four Intermediate Groupings (A,B,C,D,) - Separate tournaments will be held for each grouping.
- b) **Schools enter the tournament through an application process under direction of the E.I.A.A. Co-Ordinator** - (*see Section G - 'Forms'*). All schools which follow this application process are accepted.
- c) Some preliminary games may be held (after-school) to reduce remaining teams to 12 per grouping.
- d) In each grouping, 12 teams compete for board-wide championship in a single-day (weekday, during the day) tournament.