

ZONE 3 & 4 CROSS COUNTRY 2009 - 10/22/2009**BURGOYNE WOODS, ST CATHARINES****Rankings****Event 1 Girls 2930 Meter Run CC MIDGET GIRLS**

Name	Year School	Finals	Points
ZONE 3 Results			
1 Sarah Simpson	Notre Dame	12:10.87	1
2 Adelaide Taylor	Notre Dame	12:20.34	2
3 Alyssa O'Brien	Lakeshore Catholic	12:23.62	3
4 Jocelyn Topp	Lakeshore Catholic	12:26.34	4
5 Sabrina Waller	St. Michael	13:11.10	5
6 Jessica Post	St. Michael	13:13.14	6
7 Ally McCartney	Lakeshore Catholic	13:18.83	7
8 Madelyn Morgan	St. Paul	13:20.25	8
9 Brianna Pioli	St. Paul	13:25.73	9
10 Ellen Tomaino	Notre Dame	13:47.68	10
11 Courtney Bennett	E. L. Crossley	13:52.38	11
12 Alex Carriero	St. Paul	13:55.69	12
13 Madison Maurice	Notre Dame	14:10.16	13
14 Emilie Simoneau	Jean Vanier	14:14.41	14
15 Danielle Laforest	Notre Dame	14:16.35	15
16 Natalie Tavares	E. L. Crossley	14:17.27	16
17 Sarah Alakas	Welland Centennial	14:24.74	17
18 Michaela Osterlund	E. L. Crossley	14:35.52	18
19 Michelle Molodynia	A. N. Myer	14:36.07	19
20 Jesse Rietveld	E. L. Crossley	14:47.44	20
21 Evelina Pynchnenko	Notre Dame	15:06.63	21
22 Talia McDougall	St. Paul	15:07.72	22
23 Samantha Boer	Lakeshore Catholic	15:11.53	23
24 Sara Vandenakker	Notre Dame	15:28.89	24
25 Charley Carriero	St. Paul	15:59.10	25
26 Shelby Courtney	Welland Centennial	17:03.77	26

QUALIFYING TEAMS in BLUE QUALIFYING INDIVIDUALS in RED

Team Scores Event 1 Girls 2930 Meter Run CC MIDGET GIRLS

Rank Team	Total	1	2	3	4	*5	*6	*7	*8	*9
ZONE 3 Results										
1 Notre Dame	26	1	2	10	13	15	21	24		
Total Time:	52:29.05									
Average:	13:07.27									
2 Lakeshore Catholic	37	3	4	7	23					
Total Time:	53:20.32									
Average:	13:20.08									
3 St. Paul	51	8	9	12	22	25				
Total Time:	55:49.39									
Average:	13:57.35									
4 E. L. Crossley	65	11	16	18	20					
Total Time:	57:32.61									
Average:	14:23.16									

ZONE 3 Results

1 Notre Dame	26	1	2	10	13	15	21	24
Total Time:	52:29.05							
Average:	13:07.27							
2 Lakeshore Catholic	37	3	4	7	23			
Total Time:	53:20.32							
Average:	13:20.08							
3 St. Paul	51	8	9	12	22	25		
Total Time:	55:49.39							
Average:	13:57.35							
4 E. L. Crossley	65	11	16	18	20			
Total Time:	57:32.61							
Average:	14:23.16							

ZONE 3 & 4 CROSS COUNTRY 2009 - 10/22/2009
BURGOYNE WOODS, ST CATHARINES
Rankings

Event 2 Girls 4020 Meter Run CC JUNIOR GIRLS

Name	Year School	Finals	Points
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ZONE 3 Results

1	Alannah MACDONALD	E. L. Crossley	15:59.63	1
2	Alicia Pappaianni	St. Paul	17:17.73	2
3	Rachel Cahill	A. N. Myer	17:21.01	3
4	Maria Gearing	E. L. Crossley	17:23.86	4
5	Kathryn Hrycusko	E. L. Crossley	17:46.12	5
6	Jillian Young	E. L. Crossley	18:21.46	6
7	Aliya Aziz	Westlane	18:30.45	7
8	Trina Mitchell	Notre Dame	18:46.20	8
9	Amber Lundy	Notre Dame	18:50.42	9
10	Alexa Jovanovic	St. Paul	18:53.50	10
11	MACKENZIE Campbell	E. L. Crossley	18:56.37	11
12	Katie Guzowski	E. L. Crossley	19:54.29	12
13	Daniel MACDUFF	Jean Vanier	19:56.38	13
14	Taylor Zavitz	E. L. Crossley	20:32.62	14
15	Erin Pryziazny	E. L. Crossley	20:35.40	15
16	Chandler Edser	Niagara Christian	20:40.17	16
17	Jaden Neff	Eastdale	20:53.50	17
18	Nicole Marleau	Notre Dame	21:00.61	18
19	Stephanie Houle	Jean Vanier	21:26.07	19
20	Emma Ferguson	E. L. Crossley	21:29.68	20
21	Morgan Kerekes	Lakeshore Catholic	21:46.70	21
22	Ashley Moccia	Lakeshore Catholic	21:52.82	22
23	Cristina Rotella	Notre Dame	22:02.97	23
24	Laurissa Koiter	Lakeshore Catholic	22:49.10	24
25	Charlotte Butko	E. L. Crossley	23:18.74	25
26	Amber Harris	Fort Erie	24:46.12	26
27	Christina Moriello	St. Paul	26:56.92	27
28	Katie Simpson	St. Paul	28:34.72	28

QUALIFYING TEAMS in BLUE QUALIFYING INDIVIDUALS in RED

Team Scores Event 2 Girls 4020 Meter Run CC JUNIOR GIRLS

Rank Team	Total	1	2	3	4	*5	*6	*7	*8	*9
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ZONE 3 Results

1	E. L. Crossley	16	1	4	5	6	11	12	14	15	20
	Total Time:	1:09:31.07									
	Average:	17:22.77									
2	Notre Dame	58	8	9	18	23					
	Total Time:	1:20:40.20									
	Average:	20:10.05									
3	St. Paul	67	2	10	27	28					
	Total Time:	1:31:42.87									
	Average:	22:55.72									

ZONE 3 & 4 CROSS COUNTRY 2009 - 10/22/2009
BURGOYNE WOODS, ST CATHARINES
Rankings

Event 3 Girls 5040 Meter Run CC SENIOR GIRLS

Name	Year School	Finals	Points
ZONE 3 Results			
1 Karley Rempel	E. L. Crossley	19:57.35	1
2 Mariah Kelly	St. Michael	20:22.17	2
3 Michelle Molodynia	A. N. Myer	20:25.04	3
4 Kristen Johnson	E. L. Crossley	22:59.35	4
5 Emily Gearing	E. L. Crossley	23:04.66	5
6 Cassie Conlon	St. Michael	23:24.95	6
7 Lindsay Collison	St. Michael	23:31.89	7
8 Alyssa Petruniak	St. Michael	23:36.75	8
9 Kayla Wakulich	E. L. Crossley	23:37.52	9
10 Katie Kalchman	E. L. Crossley	23:49.67	10
11 Skye Nagy	A. N. Myer	24:02.05	11
12 Asley Crecco	Jean Vanier	24:19.82	12
13 Natasha Dicienzo	St. Paul	24:26.38	13
14 Andrea Masse	St. Michael	25:07.91	14
15 Katie Casucci	St. Paul	25:19.77	15
16 Alison Stark	E. L. Crossley	25:57.43	16
17 Jessica Bagnulo	A. N. Myer	26:04.54	17
18 Caleigh Flagg	Lakeshore Catholic	26:17.10	18
19 Calli Starret	Fort Erie	26:31.18	19
20 Kylee Bell	Port Colborne	26:59.87	20
21 Nicole Douglas	A. N. Myer	27:22.03	21
22 Cocoa Moccia	Lakeshore Catholic	27:32.98	22
23 Megan Matkowski	Welland Centennial	27:34.17	23
24 Brittany Patricia Jones	Jean Vanier	27:36.50	24
25 Jennifer Bisson	Jean Vanier	27:49.30	25
26 Olivia Delvecchio	St. Michael	28:08.05	26
27 Kirsten Oakes	A. N. Myer	28:29.79	27
28 Sarah Lawrence	Notre Dame	29:07.49	28
29 Kaitlin Cahill	St. Paul	29:14.75	29
30 Alina Kaas	Notre Dame	29:34.34	30
31 Tate Kenney	Notre Dame	29:39.73	31
32 Jessica Heus	Welland Centennial	29:47.00	32
33 Melissa Crecco	Jean Vanier	30:03.09	33
34 Chelsey McFarland	Welland Centennial	30:29.02	34
35 Lisa MACTAVISH	A. N. Myer	30:47.75	35
36 Spencer Dicarmine-Dobsi	Notre Dame	30:51.01	36
37 Shelby Faren	A. N. Myer	31:37.60	37
38 Heather Sicoli	Notre Dame	31:38.70	38
39 Kaitlyn Strong	Port Colborne	32:28.59	39
40 Victoria Mannella	St. Paul	33:33.90	40
41 Quentin Philippe	Jean Vanier	35:04.71	41
42 Victoria MACARTHUR	Jean Vanier	35:04.71	42
43 Emily Marr	Welland Centennial	35:04.71	43

QUALIFYING TEAMS in BLUE
 QUALIFYING INDIVIDUALS in RED

ZONE 3 & 4 CROSS COUNTRY 2009 - 10/22/2009
BURGOYNE WOODS, ST CATHARINES
Rankings

Event 4 Boys 5040 Meter Run CC MIDGET BOYS

Name	Year School	Finals	Points
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ZONE 3 Results

1 Erik Danecker	St. Paul	19:29.58	1
2 Alex Delle Monache	E. L. Crossley	20:09.48	2
3 T. J. Kountourogiannis	Westlane	21:01.69	3
4 Michael Conte	Notre Dame	21:03.43	4
5 Hunter Salomons	E. L. Crossley	21:24.35	5
6 Steven Polich	St. Paul	21:34.01	6
7 Brenden Sanders	Westlane	22:07.15	7
8 Tim Miller	E. L. Crossley	22:17.11	8
9 Patrick Gauthier	Jean Vanier	22:20.51	9
10 Andres Cordoba Perez	Notre Dame	22:27.40	10
11 Christopher Rao	Notre Dame	22:44.01	11
12 Lucas Luchetta	Notre Dame	23:47.44	12
13 David Chernish	Welland Centennial	23:59.42	13
14 Jesse Hildebrand	Welland Centennial	24:04.18	14
15 Mitchell Smythe	Notre Dame	24:08.97	15
16 Malcolm Hartman	Notre Dame	24:25.96	16
17 John Mark Pennan	E. L. Crossley	24:38.39	17
18 Diego Pezo Passos	Notre Dame	24:50.52	18
19 Nathan Hennessy	E. L. Crossley	24:53.39	19
20 Jakob Hart	St. Paul	25:02.53	20
21 Steven D'Orazio	Notre Dame	25:37.14	21
22 Christian Dicienzo	St. Paul	25:41.52	22
23 Lenley Potter	Eastdale	26:50.29	23
24 David MA	Westlane	27:09.48	24
25 Alek Randall	Lakeshore Catholic	28:32.84	25
26 CJ Grigafi	Lakeshore Catholic	30:33.51	26
27 Drew Golden	Eastdale	31:36.68	27

QUALIFYING TEAMS in BLUE QUALIFYING INDIVIDUALS in RED

Team Scores Event 4 Boys 5040 Meter Run CC MIDGET BOYS

Rank Team	Total	1	2	3	4	*5	*6	*7	*8	*9
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ZONE 3 Results

1 E. L. Crossley	32	2	5	8	17	19				
Total Time:	1:28:29.33									
Average:	22:07.34									
2 Notre Dame	37	4	10	11	12	15	16	18	21	
Total Time:	1:30:02.28									
Average:	22:30.57									
3 St. Paul	49	1	6	20	22					
Total Time:	1:31:47.64									
Average:	22:56.91									

ZONE 3 & 4 CROSS COUNTRY 2009 - 10/22/2009

BURGOYNE WOODS, ST CATHARINES

Rankings

ZONE 3 & 4 CROSS COUNTRY 2009 - 10/22/2009
BURGOYNE WOODS, ST CATHARINES

Rankings

Event 5 Boys 5950 Meter Run CC JUNIOR BOYS

Name	Year School	Finals	Points
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ZONE 3 Results

1	Brayden Seneca	Notre Dame	21:47.43	1
2	Kevin Millejouis	Notre Dame	22:52.84	2
3	Stephan Hughes	E. L. Crossley	23:15.41	3
4	Ryan Mecca	St. Michael	23:18.78	4
5	Ian Whitehall	E. L. Crossley	23:38.21	5
6	Mitchell Deba	E. L. Crossley	23:50.48	6
7	Jesse Winger	E. L. Crossley	24:11.38	7
8	Steven Norwood	E. L. Crossley	24:37.80	8
9	Erick Helmeczi	St. Paul	25:51.46	9
10	Anthony Scozzafava	St. Paul	25:54.85	10
11	Chris Holmes	St. Paul	26:02.94	11
12	Brendan Kaas	Notre Dame	26:17.91	12
13	Marshal Vaughan	St. Michael	26:46.93	13
14	Farzad Hemmati	Welland Centennial	26:54.61	14
15	Ben Vanderzwet	E. L. Crossley	26:56.52	15
16	Tyler Dostie	Niagara Christian	27:10.45	16
17	Eric Moss	St. Paul	27:21.72	17
18	Mike Pytchel	Notre Dame	27:48.95	18
19	Nick Katulic-Ducharme	Welland Centennial	28:20.47	19
20	Steven Lavalley	Notre Dame	28:39.03	20
21	Donovan Martin	Lakeshore Catholic	28:50.13	21
22	Carlos Osorio	Niagara Christian	28:51.81	22
23	Matt Mancuso	Notre Dame	30:04.72	23
24	Nic Blais	Niagara Christian	30:33.42	24
25	Dylan Fiorucci	St. Paul	32:31.07	25
26	Patrick Stuart	Lakeshore Catholic	32:45.04	26
27	Douglas Hamilton	Eastdale	33:15.26	27
28	Evan Milliken	E. L. Crossley	33:46.87	28
29	Paul Anderson	St. Paul	34:56.17	29
30	Devin Lundy	Notre Dame	36:08.52	30

QUALIFYING TEAMS in BLUE QUALIFYING INDIVIDUALS in RED

Team Scores Event 5 Boys 5950 Meter Run CC JUNIOR BOYS

Rank Team	Total	1	2	3	4	*5	*6	*7	*8	*9
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ZONE 3 Results

1	E. L. Crossley	21	3	5	6	7	8	15	28	
		Total Time: 1:34:55.48								
		Average: 23:43.87								
2	Notre Dame	33	1	2	12	18	20	23	30	
		Total Time: 1:38:47.13								
		Average: 24:41.79								
3	St. Paul	47	9	10	11	17	25	29		
		Total Time: 1:45:10.97								
		Average: 26:17.75								

ZONE 3 & 4 CROSS COUNTRY 2009 - 10/22/2009**BURGOYNE WOODS, ST CATHARINES****Rankings****Event 6 Boys 7k Run CC SENIOR BOYS**

Name	Year School	Finals	Points
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ZONE 3 Results

1	Chris Miedema	Lakeshore Catholic	25:28.35	1
2	Phil Hering	E. L. Crossley	25:38.90	2
3	Tom McRae	St. Paul	26:06.20	3
4	Andrew Scotland	E. L. Crossley	26:08.58	4
5	Kyle Varley	Westlane	27:41.22	5
6	Evan Mann	Westlane	27:55.56	6
7	Simon Moriello	St. Paul	28:11.16	7
8	Dylan Rossi	E. L. Crossley	28:20.00	8
9	Jad Nasser	St. Michael	28:40.82	9
10	Drew Gowan	Notre Dame	29:07.53	10
11	Jesse Derwinsky	E. L. Crossley	29:18.49	11
12	Anthony Iannacchino	St. Paul	29:28.32	12
13	Tyler Semour	A. N. Myer	29:33.19	13
14	Tim Vanderwiede	E. L. Crossley	29:35.02	14
15	Scott Brochu	Welland Centennial	29:40.20	15
16	Aaron Boley	Welland Centennial	31:15.29	16
17	Ben Savoy	St. Paul	31:18.07	17
18	Stuart Ainslie	A. N. Myer	31:19.56	18
19	Sean Visser	E. L. Crossley	31:20.89	19
20	Chris Sparrow	E. L. Crossley	31:26.50	20
21	Nigel Kurgan	E. L. Crossley	31:44.65	21
22	Scott Mannell	Welland Centennial	32:10.41	22
23	Craig Minor	E. L. Crossley	32:17.98	23
24	Hiroki Jimbu	Niagara Christian	32:20.80	24
25	Ryan Lustri	Notre Dame	32:40.86	25
26	Mike Swan	Welland Centennial	32:52.56	26
27	Kevin Vitone	A. N. Myer	33:17.28	27
28	Jeff Holinaty	Westlane	33:43.77	28
29	Joey Rotella	Notre Dame	33:48.29	29
30	Dylan Brennand-McClemont	E. L. Crossley	34:06.28	30
31	Miso Gostimir	Westlane	34:22.59	31
32	Nathan Berardi	Notre Dame	35:18.03	32
33	Jordan Masterson	Jean Vanier	35:26.40	33
34	Brandon Lukacs	Ridgeway	35:27.87	34
35	Andrew Coyne	Notre Dame	36:13.09	35
36	Sheldon Caruana	St. Paul	36:16.20	36
37	Paul Fasano	St. Paul	36:40.79	37
38	Edwin Kam	Niagara Christian	36:55.84	38
39	Marcus MO	Niagara Christian	37:16.02	39
40	Jordan Montean	Eastdale	37:23.14	40
41	Isaac Becker	Notre Dame	38:24.09	41
42	Baldwin Yven	Niagara Christian	38:43.45	42
43	Austin Silvan	Eastdale	40:24.26	43
44	Adam Saint-Ivany	E. L. Crossley	40:28.05	44

QUALIFYING TEAMS in BLUE QUALIFYING INDIVIDUALS in RED

ZONE 3 & 4 CROSS COUNTRY 2009 - 10/22/2009
BURGOYNE WOODS, ST CATHARINES
Rankings

Team Scores **Event 6 Boys 7k Run CC SENIOR BOYS**

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
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ZONE 3 Results

1	E. L. Crossley	25	2	4	8	11	14	19	20	21	23
	Total Time:	1:49:25.97									
	Average:	27:21.50									
2	St. Paul	39	3	7	12	17	36	37			
	Total Time:	1:55:03.75									
	Average:	28:45.94									
3	Westlane	70	5	6	28	31					
	Total Time:	2:03:43.14									
	Average:	30:55.79									
4	Welland Centennial	79	15	16	22	26					
	Total Time:	2:05:58.46									
	Average:	31:29.62									
5	Notre Dame	96	10	25	29	32	35	41			
	Total Time:	2:10:54.71									
	Average:	32:43.68									
6	Niagara Christian	143	24	38	39	42					
	Total Time:	2:25:16.11									
	Average:	36:19.03									

ZONE 3 & 4 CROSS COUNTRY 2009 - 10/22/2009
BURGOYNE WOODS, ST CATHARINES

Rankings

Event 1 Girls 2930 Meter Run CC MIDGET GIRLS

Name	Year School	Finals	Points
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ZONE 4 Results

1 Talasia Eizenga	Sir Winston	12:04.79	1
2 Selena Chivalan	Denis Morris	12:08.02	2
3 Katrina Cruickshank	South Lincoln	12:12.96	3
4 Madi Clarke	Westpark	12:15.16	4
5 Nicole Lawless	Sir Winston	12:25.37	5
6 Daria Lutz	Sir Winston	12:31.86	6
7 Mary Ollier	Grimsby	12:32.51	7
8 Emma Carter	Sir Winston	12:38.81	8
9 Kristina-Marie Janetos	Denis Morris	12:40.50	9
10 Ashley Hawkhisstone	St. Francis	12:44.02	10
11 Rachel Wachner	Blessed Trinity	12:53.52	11
12 Melissa Teichgraf	Eden	12:54.84	12
13 Natalie Zima	Blessed Trinity	13:04.28	13
14 Ingrid Takev	Sir Winston	13:05.61	14
15 Danielle Gaio	Holy Cross	13:07.30	15
16 Samara Neufeld	Grimsby	13:12.16	16
17 Rachel Herridge	Denis Morris	13:26.53	17
18 Hailey Gaio	Holy Cross	13:38.30	18
19 Erica Lamontagne	Thorold	14:18.45	19
20 Nicole Saulnier	Grimsby	14:23.49	20
21 Julia Wiens	Eden	14:25.87	21
22 Katie Cheliak	Denis Morris	14:44.69	22
23 Meaghan Leslie	Holy Cross	15:49.73	23
24 Dianne Ramos	Holy Cross	15:53.08	24
25 Chastine Pantin	St. Francis	16:51.37	25
26 Emily Sheehan	St. Francis	17:20.30	26
27 Shannon Ahle	Holy Cross	18:19.28	27
28 Nicole Zalba	Holy Cross	18:31.57	28

QUALIFYING TEAMS in BLUE QUALIFYING INDIVIDUALS in RED

Team Scores Event 1 Girls 2930 Meter Run CC MIDGET GIRLS

Rank Team	Total	1	2	3	4	*5	*6	*7	*8	*9
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ZONE 4 Results

1 Sir Winston Churchill	20	1	5	6	8	14
Total Time:	49:40.83					
Average:	12:25.21					
2 Denis Morris	50	2	9	17	22	
Total Time:	52:59.74					
Average:	13:14.94					
3 Holy Cross	80	15	18	23	24	27
Total Time:	58:28.41					
Average:	14:37.11					

ZONE 3 & 4 CROSS COUNTRY 2009 - 10/22/2009**BURGOYNE WOODS, ST CATHARINES****Rankings****Event 3 Girls 5040 Meter Run CC SENIOR GIRLS**

Name	Year School	Finals	Points
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ZONE 4 Results

1 Deanna Brasz	Heritage Christian	20:38.67	1
2 Julie Hambleton	Grimsby	21:41.98	2
3 Erin Snelgrove	Denis Morris	21:52.81	3
4 Danielle Harding	Governor Simcoe	21:59.56	4
5 Sarah Kleemola	Denis Morris	22:13.49	5
6 Laura Mooradian	Denis Morris	22:17.32	6
7 Brittany Hambleton	Grimsby	22:26.17	7
8 Jenna Leask	Sir Winston	22:31.46	8
9 Monique Stuiwe	Eden	22:35.25	9
10 Hilary Beattie	Grimsby	22:47.84	10
11 Carley Toderick	Denis Morris	22:53.11	11
12 Heather Hicks	Grimsby	23:22.36	12
13 Kaitlyn Principi	Governor Simcoe	24:31.25	13
14 Hannah Sukkau	Sir Winston	24:38.27	14
15 Genna Kalvaitis	Blessed Trinity	24:42.09	15
16 Shona MACGREGOR	Governor Simcoe	24:50.89	16
17 Natassia Bork	Sir Winston	24:55.51	17
18 Emily Salt	Grimsby	24:59.23	18
19 Alisha Attema	South Lincoln	25:24.46	19
20 Jennifer Chambers	Denis Morris	25:33.08	20
21 Laura Chown	Sir Winston	25:37.16	21
22 Casey Drake	Grimsby	25:53.65	22
23 Alicia Sones	Thorold	26:15.32	23
24 Maureen Cruz	St. Francis	26:19.46	24
25 Deanna McPherson	South Lincoln	26:22.99	25
26 Carli Adams	Blessed Trinity	26:29.81	26
27 Rachael Klunder	South Lincoln	26:33.33	27
28 Jennifer Cano	Blessed Trinity	26:57.77	28
29 Tia Pavan	Denis Morris	27:01.64	29
30 Trisha Wood	Denis Morris	27:02.97	30
31 Colleen Cornett	Sir Winston	27:35.59	31
32 Katlyn Dundas	Sir Winston	27:39.42	32
33 Dorothy Deboer	Smithville	27:50.14	33
34 Alexie Royer	Governor Simcoe	28:04.34	34
35 Rebecca Eerkes	Eden	28:18.33	35
36 Alannah Lymburner	South Lincoln	28:31.42	36
37 Lesley Given	South Lincoln	28:32.10	37
38 Sam Schulz	Eden	29:01.26	38
39 Sarah Amodeo	Blessed Trinity	29:05.98	39
40 Cristina Cashill	Blessed Trinity	29:17.46	40
41 Maegan Kit	Sir Winston	29:48.71	41
42 Asta McCann	Denis Morris	30:26.59	42
43 Sarah Duck	Smithville	30:49.31	43
44 Amisha Patel	Sir Winston	31:47.86	44
45 Megan Cushnie	Eden	31:54.89	45
46 Amanda McDonnell	Holy Cross	32:22.31	46
47 Marcella Kotarska	St. Francis	32:51.92	47
48 Ashley Welk	Denis Morris	33:08.92	48
49 Cassandra Lupul	Denis Morris	33:16.72	49
50 Emily Vancise	Sir Winston	34:27.75	50

<p>QUALIFYING TEAMS in BLUE QUALIFYING INDIVIDUALS in RED</p>
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ZONE 3 & 4 CROSS COUNTRY 2009 - 10/22/2009
BURGOYNE WOODS, ST CATHARINES
Rankings

Team Scores **Event 3 Girls 5040 Meter Run CC SENIOR GIRLS**

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
ZONE 4 Results											
1	Denis Morris	25	3	5	6	11	20	29	30	42	48
	Total Time:	1:29:16.73									
	Average:	22:19.19									
2	Grimsby	31	2	7	10	12	18	22			
	Total Time:	1:30:18.35									
	Average:	22:34.59									
3	Sir Winston Churchill	60	8	14	17	21	31	32	41	44	50
	Total Time:	1:37:42.40									
	Average:	24:25.60									
4	Governor Simcoe	67	4	13	16	34					
	Total Time:	1:39:26.04									
	Average:	24:51.51									
5	South Lincoln	107	19	25	27	36	37				
	Total Time:	1:46:52.20									
	Average:	26:43.05									
6	Blessed Trinity	108	15	26	28	39	40				
	Total Time:	1:47:15.65									
	Average:	26:48.92									
7	Eden	127	9	35	38	45					
	Total Time:	1:51:49.73									
	Average:	27:57.44									

ZONE 3 & 4 CROSS COUNTRY 2009 - 10/22/2009**BURGOYNE WOODS, ST CATHARINES****Rankings****Event 4 Boys 5040 Meter Run CC MIDGET BOYS**

Name	Year School	Finals	Points
ZONE 4 Results			
1 Zach Godin	Sir Winston	18:50.70	1
2 Mike MACLEAN	Governor Simcoe	19:20.50	2
3 John Rabideau	Sir Winston	19:55.60	3
4 Jeremy Mol	St. Francis	20:17.81	4
5 Troy Smith	Grimsby	20:22.57	5
6 Carmen Continisio	Blessed Trinity	20:54.59	6
7 Mike Fortaleza	Sir Winston	21:02.51	7
8 Dan Rivera	Sir Winston	21:12.10	8
9 Brendan McDougall	Grimsby	21:39.12	9
10 Nathan Dosa	Denis Morris	21:50.83	10
11 Adam Venditti	Denis Morris	21:53.25	11
12 Ben Dale	Great Lakes	21:54.39	12
13 Ryan Principi	Sir Winston	21:54.98	13
14 Anthony Difruscia	Denis Morris	22:02.98	14
15 Brad Iafrate	St. Francis	22:42.60	15
16 Patrick Archer	Denis Morris	22:58.15	16
17 Lemuel Nufio-Escobar	Denis Morris	22:59.98	17
18 Jordin Borbely	Sir Winston	23:02.60	18
19 Owen Botelho	St. Francis	23:12.78	19
20 David Mirynech	St. Francis	23:17.84	20
21 Elik MACPHEE	Grimsby	23:19.01	21
22 Tyler Davis	Sir Winston	23:29.27	22
23 Alexander Milne	Holy Cross	23:43.29	23
24 Brock Martin	Grimsby	23:54.08	24
25 Jesse Webb	St. Francis	24:09.77	25
26 Dan Read	Beamsville	24:10.73	26
27 Josh Brens	Laura Secord	24:14.93	27
28 Kai Hansen	Laura Secord	24:15.44	28
29 Dean Henderson	Governor Simcoe	24:28.76	29
30 Peter Lee	Great Lakes	24:30.02	30
31 Kyle Huckalo	Denis Morris	24:31.21	31
32 Zack Rudge	Denis Morris	25:10.38	32
33 Thomas Spencer	Westpark	25:23.60	33
34 Eric Himes	St. Francis	25:31.29	34
35 Daniel Riemland	Holy Cross	26:24.75	35
36 MACKENZIE Martinson	Thorold	26:42.49	36
37 Zach Casey	Blessed Trinity	26:49.48	37
38 Carl Tritchew	St. Francis	26:53.35	38
39 Reed Eaglesham	Eden	26:59.19	39
40 Adam Rankin	St. Francis	27:10.39	40
41 Tanner Myers	Kernahan	27:33.02	41
42 Emmanuel Obaseki	Eden	27:37.98	42
43 Josh MACLEAN	Denis Morris	27:47.75	43
44 Doug Hicks	Eden	28:11.14	44
45 Jacob Gallant	Eden	29:05.85	45
46 Nygel Washington-Purser	Smithville	38:48.91	46

QUALIFYING TEAMS in BLUE
QUALIFYING INDIVIDUALS in RED

ZONE 3 & 4 CROSS COUNTRY 2009 - 10/22/2009
BURGOYNE WOODS, ST CATHARINES
Rankings

Team Scores **Event 4 Boys 5040 Meter Run CC MIDGET BOYS**

Rank	Team	Total	1	2	3	4	*5	*6	*7	*8	*9
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ZONE 4 Results

1 Sir Winston Churchill 19 1 3 7 8 13 18 22

 Total Time: 1:21:00.91

 Average: 20:15.23

2 Denis Morris 51 10 11 14 16 17 31 32 43

 Total Time: 1:28:45.21

 Average: 22:11.31

3 St. Francis 58 4 15 19 20 25 34 38 40

 Total Time: 1:29:31.03

 Average: 22:22.76

4 Grimsby 59 5 9 21 24

 Total Time: 1:29:14.78

 Average: 22:18.70

5 Eden 170 39 42 44 45

 Total Time: 1:51:54.16

 Average: 27:58.54

ZONE 3 & 4 CROSS COUNTRY 2009 - 10/22/2009
BURGOYNE WOODS, ST CATHARINES
Rankings

Event 5 Boys 5950 Meter Run CC JUNIOR BOYS

Name	Year School	Finals	Points
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ZONE 4 Results

1 Ben Perry	Sir Winston	22:24.62	1
2 Chris Hutton	Sir Winston	22:25.46	2
3 Grant Wignall	Denis Morris	22:46.00	3
4 Ben Ralston	Sir Winston	23:37.67	4
5 Brannen Lefurgey	Sir Winston	23:41.77	5
6 Kyle Palframan	Sir Winston	23:52.43	6
7 Patrick Morris	Denis Morris	23:57.44	7
8 Marcus Butters	Denis Morris	24:07.08	8
9 Brandon Etlz	Eden	24:15.70	9
10 Scott Oosterhof	Heritage Christian	24:17.74	10
11 Spencer Mataseje	Denis Morris	24:34.49	11
12 Brett Saxton	Sir Winston	24:48.49	12
13 Michael Dover	Sir Winston	24:59.20	13
14 Mike Mahler	Denis Morris	25:16.57	14
15 Brandon Kerry	Denis Morris	25:42.05	15
16 Lucas Krzywdzinski	Holy Cross	25:46.39	16
17 Josh Maslen	Blessed Trinity	26:15.58	17
18 Ethan Lamon	Heritage Christian	26:20.91	18
19 James Mambella	Blessed Trinity	26:27.20	19
20 Ken Slessor	Grimsby	26:33.94	20
21 Patrick Perrault	Governor Simcoe	26:44.52	21
22 Jim Heida	Heritage Christian	26:51.14	22
23 Mark Geraedts	Grimsby	26:52.45	23
24 David Mitov	Sir Winston	26:54.04	24
25 Justin Pickford	Sir Winston	27:04.18	25
26 Taylor Laekeman	Sir Winston	27:12.40	26
27 Philip Willems	Blessed Trinity	27:22.98	27
28 Lucas D'Angelo	Blessed Trinity	27:43.31	28
29 Evan Bull	Beamsville	27:53.87	29
30 Kevin Chanhsavang	Laura Secord	28:32.26	30
31 Joe Salter	Laura Secord	28:41.38	31
32 Andrew Valente	Denis Morris	28:59.26	32
33 Michael Jakuszewski	Blessed Trinity	29:17.51	33
34 Marc Noiseux	Laura Secord	29:38.43	34
35 Derek Anderson	Blessed Trinity	29:39.88	35
36 Henry Tan	Laura Secord	29:40.43	36
37 Thomas Bland	Westpark	30:21.22	37
38 Ryley MACDONALD	St. Francis	36:06.57	38
39 Tyler Warren	Blessed Trinity	36:37.11	39

QUALIFYING TEAMS in BLUE QUALIFYING INDIVIDUALS in RED

Team Scores Event 5 Boys 5950 Meter Run CC JUNIOR BOYS

Rank Team	Total	1	2	3	4	*5	*6	*7	*8	*9
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ZONE 4 Results

1 Sir Winston Churchill	12	1	2	4	5	6	12	13	24	25
Total Time:	1:32:09.52									
Average:	23:02.38									
2 Denis Morris	29	3	7	8	11	14	15	32		
Total Time:	1:35:25.01									
Average:	23:51.26									
3 Blessed Trinity	91	17	19	27	28	33	35	39		
Total Time:	1:47:49.07									
Average:	26:57.27									
4 Laura Secord	131	30	31	34	36					

ZONE 3 & 4 CROSS COUNTRY 2009 - 10/22/2009**BURGOYNE WOODS, ST CATHARINES****Rankings**

Total Time: 1:56:32.50

Average: 29:08.13

Event 6 Boys 7k Run CC SENIOR BOYS

Name	Year School	Finals	Points
ZONE 4 Results			
1 Connor Murphy	Sir Winston	26:53.97	1
2 Brandon Byskov	Sir Winston	27:01.12	2
3 Ibrahim Ahmed	St. Francis	27:07.39	3
4 Trevor Janssen	Eden	27:24.42	4
5 Cam Giles	Eden	27:27.46	5
6 Daniel Peters	Denis Morris	27:28.26	6
7 Dan Tweedle	Grimsby	28:33.65	7
8 Connor Doherty	Sir Winston	28:34.64	8
9 Braden Durocher	Collegiate	28:45.71	9
10 Alex Kijack	Denis Morris	28:51.70	10
11 Adam Polly	Denis Morris	28:57.66	11
12 Ian Hodgson	Grimsby	28:59.50	12
13 Isaac Krogman	Grimsby	29:10.64	13
14 Wes McRoberts	Grimsby	29:11.75	14
15 Grossi Nick	Denis Morris	29:22.52	15
16 Stephen Wakulich	Governor Simcoe	29:35.61	16
17 Kyle Labonte	Governor Simcoe	29:36.82	17
18 Brandon Manning	Collegiate	29:37.67	18
19 Ben Thompson	Blessed Trinity	29:47.61	19
20 Hunter Corcoran	Sir Winston	29:51.29	20
21 Shaun Blakely	Denis Morris	30:03.46	21
22 Aaron Botelho	St. Francis	30:05.76	22
23 John Albers	Grimsby	30:08.90	23
24 Tyler Disimoni	Denis Morris	30:11.44	24
25 Clive Velkers	Sir Winston	30:22.05	25
26 Scott Donia	Governor Simcoe	30:43.52	26
27 Chad Grossi	Denis Morris	30:49.00	27
28 Marcus Tuttle	South Lincoln	31:00.58	28
29 Dorian Phoenix	Eden	31:18.78	29
30 Garret Brenner	Collegiate	31:38.33	30
31 Ivan Lazo	Sir Winston	31:45.98	31
32 Adam Millar	Governor Simcoe	31:46.54	32
33 Sean Hughes	St. Francis	31:52.42	33
34 Antonio Napolitano	Laura Secord	31:58.51	34
35 Julien Rousseau	Sir Winston	32:07.55	35
36 Matt Jessome	St. Francis	32:14.94	36
37 Dan McGee	Sir Winston	32:37.87	37
38 Tyler Dosa	Denis Morris	32:43.98	38
39 Joe Boudreau	Blessed Trinity	32:49.80	39
40 Aaron Panasiuk	Blessed Trinity	32:50.24	40
41 Jordan Agnew	Blessed Trinity	32:50.74	41
42 Aaron Goerzen	Sir Winston	32:57.31	42
43 Jake Kenny	Denis Morris	33:08.55	43
44 Brayden Pawlik	Governor Simcoe	33:18.91	44
45 Chris Whitehead	Great Lakes	33:23.31	45
46 Tyler Grinyer	South Lincoln	33:29.46	46
47 Andrew Olejarz	Blessed Trinity	33:30.63	47
48 Josh Romano	Denis Morris	33:52.05	48
49 Gerry Cipriano	St. Francis	34:14.52	49
50 Jordan Saunders	St. Francis	34:20.61	50

QUALIFYING TEAMS in BLUE
QUALIFYING INDIVIDUALS in RED

ZONE 3 & 4 CROSS COUNTRY 2009 - 10/22/2009
BURGOYNE WOODS, ST CATHARINES

Rankings

51 Mike Moore	Grimsby	34:26.01	51
52 Scott Pendlebury	Blessed Trinity	34:34.76	52
53 Kelvin Choi	Great Lakes	35:11.93	53
Event 6 Boys 7k Run CC SENIOR BOYS cont'd...			
54 Brian Choi	Great Lakes	35:12.85	54
55 Brett Willis	South Lincoln	35:15.59	55
56 Alex Smith	Sir Winston	35:21.00	56
57 Kimoon Yoo	Denis Morris	35:28.47	57
58 Nathan Smith	Sir Winston	35:38.48	58
59 Yusef Mechaiekh	Sir Winston	35:38.95	59
60 Paul Devaux	Sir Winston	35:40.24	60
61 Josh Charlton	Denis Morris	35:44.63	61
62 Alex Lupul	Denis Morris	36:24.40	62
63 Grant Snider	Holy Cross	36:53.00	63
64 Hemen Mahmoudi	Collegiate	37:12.98	64
65 Manoug Golding	St. Francis	37:24.71	65
66 David Montague	Blessed Trinity	37:52.23	66
67 Joseph Geronimo	St. Francis	38:01.42	67
68 Stephen Balanowski	St. Francis	38:16.92	68
69 Joe Dale	Great Lakes	38:30.77	69
70 Matthew Moore	Holy Cross	39:49.28	70
71 Ryan Oldfield	South Lincoln	40:22.10	71
72 Jason Lai	Great Lakes	40:59.24	72
73 Ryan Gaio	Holy Cross	41:37.95	73
74 Kevin Wills	Holy Cross	42:00.53	74

Team Scores Event 6 Boys 7k Run CC SENIOR BOYS

Rank Team	Total	1	2	3	4	*5	*6	*7	*8	*9
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ZONE 4 Results

1 Sir Winston Churchill	31	1	2	8	20	25	31	35	37	42
Total Time:	1:52:21.02									
Average:	28:05.26									
2 Denis Morris	42	6	10	11	15	21	24	27	38	43
Total Time:	1:54:40.14									
Average:	28:40.04									
3 Grimsby	46	7	12	13	14	23	51			
Total Time:	1:55:55.54									
Average:	28:58.89									
4 Governor Simcoe	91	16	17	26	32	44				
Total Time:	2:01:42.49									
Average:	30:25.63									
5 St. Francis	94	3	22	33	36	49	50	65	67	68
Total Time:	2:01:20.51									
Average:	30:20.13									
6 St. Catharines Collegiate	121	9	18	30	64					
Total Time:	2:07:14.69									
Average:	31:48.68									
7 Blessed Trinity	139	19	39	40	41	47	52	66		
Total Time:	2:08:18.40									
Average:	32:04.60									
8 South Lincoln	200	28	46	55	71					
Total Time:	2:20:07.73									
Average:	35:01.94									
9 Great Lakes Christian	221	45	53	54	69	72				
Total Time:	2:22:18.86									

ZONE 3 & 4 CROSS COUNTRY 2009 - 10/22/2009

BURGOYNE WOODS, ST CATHARINES

Rankings

Average: 35:34.72

10 Holy Cross 280 63 70 73 74

Total Time: 2:40:20.77

Average: 40:05.19