

The following schedule reflects one division of 7 teams where each team will play each of the other schools once for a total of 6 games .....each school will have one bye week where they will have the opportunity to play an exhibition game against Orchard Park S S from Stoney Creek. The top 4 schools will qualify for post season play.

	DATE	VISITOR	@	HOME	TIME
WEEK 1 Bye St. Michael (Orch. Pk.)	Wed. Sept 23	<b>Orchard Park</b> Notre Dame		St. Michael (exhibition) St. Paul	3:00 7:00
	Fri. Sept 25	Denis Morris Lakeshore		Holy Cross Blessed Trinity	3:00 12 :00
WEEK 2 Bye Holy Cr. (Orch. Pk.)	Wed. Sept 30	<b>Orchard Park</b> Blessed Trinity St. Paul Notre Dame		Holy Cross (exhibition) St. Michael Denis Morris Lakeshore Catholic	3:00 3:00 12:00–new 12:00–new
WEEK 3 Bye St. Paul (Orch. Pk.)	Tues. Oct. 6	Denis Morris St. Michael Lakeshore		Blessed Trinity Notre Dame Holy Cross	2:00 3:00 3:00
	Thurs. Oct. 8	<b>Orchard Park</b>		St. Paul (exhibition)	7:00
WEEK 4 Bye N D	Wed. Oct. 14	Holy Cross Lakeshore		Blessed Trinity Denis Morris	2:00 3:00
	Fri. Oct. 16	St. Paul		St. Michael	5:00 DH
WEEK 5 Bye LSC	Wed. Oct. 21	Notre Dame St. Michael		Holy Cross Denis Morris	3:00 3:00
	Thur. Oct 22	Blessed Trinity		St. Paul	7:00
WEEK 6 Bye D M (Orch. Pk.)	Wed. Oct. 28	Blessed Trinity St. Paul Holy Cross <b>Orchard Park</b>		Notre Dame Lakeshore St. Michael Denis Morris (exhib)	3:00 3:00 3:00 3:00
WEEK 7 Bye B T	Tues. Nov. 3	Denis Morris		Notre Dame	2:00
	Thur. Nov.5	Holy Cross St. Michael		St. Paul Lakeshore	7:00 2:00

<b>PLAY-OFFS</b>					
Semi Finals	Thur. Nov.12	4 <sup>th</sup> St. Paul 3 <sup>rd</sup> Holy Cross		1 <sup>st</sup> Notre Dame 2 <sup>nd</sup> Lakeshore	2:00 2:00
Final	Thur. Nov. 19	St. Paul		Lakeshore	2:00
<b>Junior Metro Bowl Tournament 2009</b>					
Quarter Finals	Week of Nov. 23 <sup>rd</sup>	Durham Finalist	@	NRHSAA Champion	
Semi Finals	Sat. Nov. 28 12:00 2:00			@ St. Michael–Toronto	
Final	Wed. Dec.2nd Time TBA			@ St. Michael–Toronto	

Results and standings as of.....Nov.9/09

Read chart DOWN

	Bl. Trin	D M	H. Cross	LSC	N D	St. M	St. P
Bl. Trin	XXXXX	L-12	W-14	L-28	W-8	L-3	W-13
D M	W-13	XXXXX	W-38	W-32	W-37	L-10	L-18
H. Cross	L-7	L-21	XXXXX	W-8	W-31	L-7	L-20
LSC	W-30	L-7	L-6	XXXXX	W-15	L-6	L-11
N D	L-7	L-7	L-28	L-13	XXXXX	L-1	W-28
St. M	W-41	W-42	W-28	W-40	W-36	XXXXX	W-43
St. P	L-4	W-20	W-33	W-14	L-21	L-6	XXXXX
W-L-T	3-3-0	2-4-0	4-2-0	4-2-0	5-1-0	0-6-0	3-3-0
Pts.	6	4	8	8	10	0	6