

SWIMMING - 2009

ZONE 3 / 4 MEETING :

WED. SEPT. 30 - DSBN - ST. CATHARINES RM - 3RD FLOOR - 6:00 PM

MEETS :

THURS. NOV. 19, 2009 - FREE OR "CLOSE TO FREE" - BROCK

THURS. DEC. 10, 2009 - ZONE CHAMPIOSHIPS - BROCK