

**ZONE 3/4 WRESTLING CHAMPIONSHIPS**

Hosted by: FORT ERIE

WEDNESDAY, February 17 (18), 2010;

- Site Convenor: DEAN GIBSON

**Zone 3/4 Wrestling Secondary Schools who declared through Appendix "L"** : AN Myer, Beamsville, Denis Morris, EL Crossley, Eastdale, Eden, Fort Erie, Governor Simcoe, Jean Vanier, Kernahan Park, Laura Secord, St. Catharines Collegiate, Sir Winston Churchill, St. Francis, Stamford; Thorold, Ridgeway CB, West Park.

**ELIGIBILITY SHEETS TO HARVIE - WEDNESDAY,  
FEBRUARY 10/2010 - Appendix "E"****WEIGH-IN:****DATE: TUESDAY, FEBRUARY 16/2010****LOCATION: LAURA SECORD SS (ST. CATHARINES)**

TIME: 4 pm to 6 pm

**ZONE 3/4 WRESTLING MEET: Itinerary****DATE: WEDNESDAY, FEBRUARY 17/2010****(snow date: Feb 18/10)**

LOCATION: FORT ERIE SS

COACHES MEETING: 8:30AM

TOURNAMENT START TIME: 9:00AM

**COSTS:** \$???.00 per athlete. **Please Note:** Each coach will be billed for the cost of this Meet. There will be no need to bring a cheque with you. This is done for many sports and one less thing for you to think about that day.

**OFFICIALS: ASHLEY MENAGH****FIRST AID:** The Wrestling Brock Trainer has been requested. HEATHER SWEEZEY to confirm.**REFRESHMENTS:** Referee and Coaches refreshments will be supplied.

**TOURNAMENT RULES:** Two highlighted things to note from the Wrestling Constitution and the NRHSAA Constitution: Wrestling Sport Specific package - page 23: "ALL WRESTLERS MUST COMPETE IN A WRESTLING SINGLET." and from the NRHSAA Constitution: ART. XXIII, page 20 - ANY SCHOOL ENTERING A NRHSAA COMPETITION MUST BE UNDER THE SUPERVISION OF A COACH (This could be a Staff Advisor)WHO HAS BEEN APPROVED BY THE PRINCIPAL OF THE SCHOOL WHICH IT REPRESENTS."

*DEAN GIBSON - (Meet Director)*  
*(905) 877 - 4610*

*Harvie Hagerty (Wrestling Convenor)*  
(905) 934-2545; ext 409 or [Harvie.Hagerty@dsbn.edu.on.ca](mailto:Harvie.Hagerty@dsbn.edu.on.ca)  
Fax: 905-646-4494

**Mats will be picked up from DENIS MORRIS; STAMFORD and THOROLD - before noon Tuesday, Feb 16/10 and delivered to: FORT ERIE**

**SOSSA - FEB. 24 (25) /10 - CHRIS FRASER - HAGERSVILLE SECONDARY SCHOOL**

OFSAA - MARCH 4-5 2010 - Tilsonburg