

1. Girls - FALL Sport		FIELD HOCKEY		2. ZONE/SOSSA/OFSAA	
<p>Many of the Policies in this sport specific section make a direct reference to a specific ARTICLE or SECTION in the NRHSAA CONSTITUTION/ POLICY MANUAL. Where relevant, you will find direct reference(s) to the ARTICLE and/or SECTION of the NRHSAA CONSTITUTION/ POLICY MANUAL. If you want to refer to the NRHSAA CONSTITUTION log on to <a href="http://www.dsb.edu.on.ca">http://www.dsb.edu.on.ca</a> and then click on "schools link". Or, use <a href="http://www.dsb.edu.on.ca/schools.htm">http://www.dsb.edu.on.ca/schools.htm</a>. The policies that follow are specific to this sport and should be adhered to, by every member of the NRHSAA.</p>					
3. N.R.H.S.A.A. Zone members' phone/fax numbers - See Appendix A					
4. Executive Board of Reference - GENERAL (Responsibilities; Procedures);					
5. Athletic Convenors					
6. Soliciting	7. Insurance	8. Personal Property	9. Team Selection	10. Safety	11. Supervision of Interschool Teams
12. Eligibility for...					
a) a School:  1 girls' team/school; no A, AA, AAA classifications	b) an Individual  -20 Aug 31 ineligible; -20 Sept 1 - eligible;  c) Special Considerations;	13. Transfers:  -Sect.2, Board of Reference - TRANSFER (Procedures): -Sect. 1, Transfer Policy,; -Transfer Form; (Appendix); -Transfer Meeting Dates; -Sect.2, Ineligible Ruling; -Sect.3, SOSSA Appeal Process;		14. Scheduling:  -Sect.1, Declaration of play; -Sect.2, School Classification; -Sect. 3, League and Play-off format; -Sect.4, Stages of Scheduling.	
Sport Specific Policies that may or may not be in the NRHSAA Constitution and Policy Manual.					
15. Eligibility Sheets; 16. Game time; 17. Home school Responsibilities; 18. Official Rule Book; 19. Officials;	20. Payment of Officials; 21. Rules for League play; 22. Substitutions;	23. Reporting Scores;  24. Play-off Format: Tie Breaking Procedures when determining play-off position where a league schedule leads to a play-off;		25. Play-off Games 26. Tied play-off game; 27. Tournament Play.	
28. Suspensions:  - Ejection; - Physical or verbal altercation.		30. Convening SOSSA Championships		31. Sending TWO teams from SOSSA to OFSAA:  32. "HOST" TEAM FOR OFSAA CHAMPIONSHIPS FROM SOSSA:	
29. Board of Reference -SANCTIONS AND PROTESTS: Sanctions: Procedures, Penalties. Protests: Procedures.					



Section 2 - Individual

**19<sup>th</sup>. birthday by January 1<sup>st</sup>. prior to the start of the school year in which the competition is held.**

Section 3 - Special Consideration

13. TRANSFERS ARTICLE XII  
STANDING COMMITTEE(S) ARTICLE IX  
Section 2 - Board of Reference - TRANSFER  
Transfer meeting dates will be published the first week in Sept. of the current school year.  
Section 1 - Transfer Policy  
Section 2 - Ineligible Ruling  
Section 3 - S.O.S.S.A. Appeal Process

14. SCHEDULING ARTICLE XV  
Section 1 - Declaration of Play  
Section 2 - School Classification  
Section 3 - League and Play-off Format  
Section 4 - Stages of Scheduling

SPORT SPECIFIC POLICIES:

GAME DAY AND SCHOOL RESPONSIBILITIES:

15. ELIGIBILITY SHEETS ARTICLE XII  
16. GAME TIME: ARTICLE XV; Section 4

The first game of a double-header will start at 3:30 (no earlier without Convenor's knowledge and both Principals' permission). The second part of the double-header will start immediately after the first double-header match is over or by 5 pm.

Re-scheduled Games: Games will go "rain or shine". Games may be called for safety reasons like lightning or referees discretion. "The game will be re-scheduled only if the game was called in the first half".

If a game is rained out, the convenor will reschedule the game.

17. Home School Responsibilities: PRESENTLY WE ARE PLAYING ALL "HOME" GAMES AT LAURA SECORD SS.

- prepare the field for play; NOTE; Football Standards should be padded; visible lines;
- have benches for both teams (if possible);
- It is recommended that all schools have field hockey nets;
- The plastic-type hockey ball shall be used throughout the game;

18. Official Rule Book: The rules of the Canadian Women's Field Hockey Association shall be used.

19. Officials: All officials must be accredited by the Ontario Women's Field Hockey Association.

20. PAYMENT OF OFFICIAL(S) ARTICLE XXVI

If games are held on a field(s) where both teams are visitors, or **one SCHOOL offers their field(s) for all the games**, then the cost for both single and/or double-header games will be split evenly between the teams involved.

Money for officials will be collected by the Convenor at the end of the season. Each official will be paid at the end of the season.

**The amount will be announced at the first meeting.**

If a gate is charged at a play-off game then all expenses will be paid from the gate (referees, minor officials, linesmen, security, score keepers, etc.) and the remainder of the gate will be divided equally between the home and visiting team.

If a gate is charged at an NRHSAA league game then all expenses will be paid from the gate and the remainder shall be split 60% for the home team and 40% for the visiting team.

In the event a play-off game is played at a neutral site then the cost of officials will be shared equally between participating teams.

21. GENERAL RULES FOR LEAGUE PLAY:

- i) The rules of the Canadian Women's Field Hockey Association shall govern Zone league play and play-offs.
- ii) Number of Players: "16 for play-offs- ANY NUMBER FOR ZONE PLAY.
- iii) Length of Game: Two thirty-minute halves with a five minute intermission.
- iv) Shin Pads and Mouth Guards: All players must wear shin pads and mouth guards. Goal keepers must wear a C.S.A. approved helmet with face protection.
- v) Uniforms: Captain(s) must have a visible "C" on their uniform jersey(s);  
Skirts are preferred but other school uniforms are acceptable.  
The visible shirts/sweaters of all team members , EXCEPT FOR THE GOALKEEPER, must be the same colour. The goal keeper must wear a sweater of a different colour from her own and the opposing team.  
All team members must wear the same coloured socks and that they be visible to the umpire.  
Sweaters "should" be numbered.
- vi) The clock shall be stopped for substitution during regular time in case of injury and for penalty strokes.
- vii) **PERMITTING A DEFENDER TO USE THE STICK TO STOP OR DEFLECT A SHOT AT GOAL AT ANY HEIGHT;**
- viii) **REQUIRING THE BALL TO TRAVEL OUTSIDE THE CIRCLE BEFORE A SHOT AT GOAL AT A PENALTY CORNER BUT NOT REQUIRING IT TO BE STOPPED.**

22. Substitutions:

Teams are permitted to use an unlimited number of substitutions per match. A player once substituted may return to the field of play any number of times by legitimate re-substitution. A player under suspension cannot be interchanged.

No player may be substituted once a penalty corner has been called or until it has been completed. Completion is defined as a “shot on goal or the ball travels 5 metres outside the scoring circle.”

NOTE: “Players must leave and enter the field near the centre line on the same side as the team benches.”

23. REPORTING SCORES ARTICLE XXVI

The WINNING team will report the scores to the Athletic Convenor in charge. In zone play a tie will REMAIN a tie. In the event of a TIE, both teams report.

Any game / match not played, will be recorded by the convenor as a win for the school who did not forfeit.

24. Tied League Games: Zone field hockey regular season games will go immediately to 5 penalty strokes, if the game ends in a tie. If still tied after the 5 penalty strokes, teams will use 5 sudden death strokes until a winner is declared.. **(April 2011)**

25. Tie Breaking Procedures where a league schedule leads to a play-off:

TIE BREAKING PROCEDURES ARTICLE XXVIII

The following method of determining play-off position will be used in all sports where a league schedule leads to a play-off:

- (1) Record between tied teams;
- (2) Record against teams higher in the standings (1 above, then 2 above, etc.);
- (3) Record against teams lower in the standings (1 below, then 2 below, etc.);
- (4) (a) Goals for and against will be used to break a tie when teams are tied to determine a playoff position. **(April 2011)**
  - (b) Play-off on a neutral field/court or a coin flip for home field if both coaches agree, if it is to determine the final play-off position.
  - (c) In the event of a four way tie, the convenors in consultation with the N.R.H.S.A.A. Executive and the schools involved will determine a tie-breaking procedure.

26. Play-off Games:

When a school has two field hockey teams, the 2<sup>nd</sup> team’s win/loss record will not count in the standings. **(April 2011)**

In team sports where standings are used to determine play-offs, the win/loss achieved against teams that drop out will be taken away (not added) to teams that are still yet to play them.

The play-off format will be decided after a league schedule has been created. SENT OUT in “DRAFT-TO-FINAL”.

The zone semi final playoff double header will start at 1:30 pm ( early due to loss of light). **(April 2011)**

Play-off games are played centrally unless that field is not available then play-off games will be played at the home of the higher placed team unless there are no nets. If neither team has nets, an alternate field will be arranged by the convenor.

27. Tied Play-off Games:

In the event of a tie at the end of regulation time in any playoff game :

- i) A ten minute sudden victory overtime period shall be played after a five minute rest. Teams will toss for choice of ends prior to the start of the overtime period.. **(April 2011)**
- ii) If still tied, each team will select any five players from those listed on the match sheet except a player who has received a red card or a temporary suspension at the end of the game. These five players shall take penalty strokes alternately, the first team to shoot being decided by a coin toss. The winner shall be the team scoring the most penalty strokes.
- iii) If the score is still tied, a "sudden death" system shall be used. Each team will alternately send one player to take a penalty stroke until the tie is broken. The order of stroking will change with each pair of penalty strokes. No player may take a second stroke in this series until any five players listed on the match sheet (except under permanent suspension or temporary suspension at the end of overtime) have taken one stroke.

28. Tournament Play to determine play-off position(s):

Involves arranging divisional play on one day. This will determine each team's play-off position.

Play-offs will be scheduled on separate days. Length of play-off games will be two thirty-minute halves.

a) Rules for Tournament Play:

- i) The rules of the Canadian Women's Field Hockey Association shall govern Zone tournament play and play-offs.
- ii) Length of Game: Two twenty-minute halves with a five minute intermission. There will be a minimum of 15 minute break between games.
- iii) Substitutions: same as above
- iv) Tied Games: Tied Games in divisional play shall stand

In the event of a tie at the end of regulation time in any play-off game - see above "Tied Games".

29. SUSPENSIONS

ARTICLE XXV

Section 1 - Ejection from competition

Both coaches and umpires are responsible for setting the tone of the game. Umpiring from the sideline, by coaches and players, shall be prohibited. Coaching from the sideline shall be limited. If it is the umpire's decision that coaching from the sideline is distracting to herself, the opposing players or the other Coach, a yellow flag or card will be shown to that Coach for the first offense and a red flag or card for the second offense during the same. At this time the Coach will be asked to leave.

Section 2 - Physical or Verbal Altercation

30. STANDING COMMITTEE(S)

ARTICLE IX

Section 3 - Board of Reference - SANCTIONS AND PROTESTS

- Procedures
- Penalties
- Protests
- Procedures

31. CONVENING S.O.S.S.A. INC. GIRLS' FIELD HOCKEY:

Constitution and By-Laws: pages 1 to 25 of the SOSSA handbook;

GIRLS' FIELD HOCKEY: pages 37 to 40 of the SOSSA handbook.

1 champion from each Zone will go to SOSSA. The SOSSA Championship will held in the fall at least one week prior to OFSAA. Check ofsa.ca for that date.

32. Sending TWO teams from SOSSA to OFSAA:

NOTE: Sometimes, SOSSA INC is allowed to send 2 teams (including the host entry) to OFSAA. FROM SOSSA INC. ARTICLE 7 - SECTION 3 - # 11.

“For all SOSSA INC. Sports, when SOSSA INC. qualifies to enter two (2) teams to the OFSAA tournament:

- i) the SOSSA INC. champion is an automatic entry;
- ii) the SOSSA INC. runner-up may be challenged for the second entry by the team losing to the SOSSA INC. champion in the SOSSA INC. semi-finals.

UNLESS:

- a) the challenging team is from the same zone as the runner-up and finished lower in their zone championship;
- b) the runner-up defeated a team from the same zone as the challenging team, and the defeated team finished higher than the challenging team in their zone championship.”  
(This motion does not cover a host entry)

33. “HOST” TEAM FOR OFSAA CHAMPIONSHIPS FROM SOSSA:

If a school hosts an OFSAA Championship, the school has the first right of acceptance or refusal of the SOSSA Championship for that activity, in the same school year, as the OFSAA Championship.

BUT:

JUST BECAUSE A SCHOOL REPRESENTATIVE IN ZONE 3/4 CHAIRS OFSAA GIRLS FIELD HOCKEY, THAT DOES NOT MEAN THAT THEIR SCHOOL IS AN AUTOMATIC ENTRANT INTO OFSAA.

FROM SOSSA INC. - ARTICLE 7 - SECTION 3 - # 14

“If the OFSAA representative is not from the “host” community, the “host” team will be the representative from the community where the OFSAA championship is being played. The strongest team from that community shall be selected as the “host” team. If the SOSSA, INC champion and therefore the OFSAA representative is from the “host” community, the selection of another SOSSA INC representative will be through the use of the “second” entry formula. (#32 ABOVE).

A “host” community shall be defined as the SOSSA Zone in which the OFSAA Championship is being played.”