

1. Boys' - SPRING Sport		FIELD LACROSSE		2. ZONE/SOSSA/OFSAA	
<p>Many of the Policies in this sport specific section make a direct reference to a specific ARTICLE or SECTION in the NRHSAA CONSTITUTION/ POLICY MANUAL. Where relevant, you will find direct reference(s) to the ARTICLE and/or SECTION of the NRHSAA CONSTITUTION/ POLICY MANUAL. If you want to refer to the NRHSAA CONSTITUTION log on to <a href="http://www.dsbn.edu.on.ca">http://www.dsbn.edu.on.ca</a> and then click on "schools link". Or, use <a href="http://www.dsbn.edu.on.ca/schools.htm">http://www.dsbn.edu.on.ca/schools.htm</a>. The policies that follow are specific to this sport and should be adhered to, by every member of the NRHSAA.</p>					
3. N.R.H.S.A.A. Zone members' phone/fax numbers - See Appendix A					
4. Executive Board of Reference - GENERAL (Responsibilities; Procedures);					
5. Athletic Convenors					
6. Soliciting	7. Insurance	8. Personal Property	9. Team Selection	10. Safety	11. Supervision of Interschool Teams
12. Eligibility for...					
a). ... a School:  1 Team/School	b). ... an Individual;  c) Special Considerations.	13. Transfers:  -Sect.2, Board of Reference - TRANSFER (Procedures): -Sect. 1, Transfer Policy,; -Transfer Form; (Appendix); -Transfer Meeting Dates; -Sect.2, Ineligible Ruling; -Sect.3, SOSSA Appeal Process;		14. Scheduling:  -Sect.1, Declaration of play; -Sect.2, School Classification; -Sect. 3, League and Play-off format; -Sect.4, Stages of Scheduling.	
.Sport Specific Policies that may or may not be in the NRHSAA Constitution and Policy Manual.					
15. Attire: 16. Eligibility sheets ; 17. Game Time; 18. Timing of games; Running the clock; 19. Home School Responsibilities: - provide and prepare minor officials (scorekeeper and timer); - score sheets ?	Home School Responsibilities con't.....  20. Accredited Officials; 21: Official Rule Book; Zone policies first, then the ILF Book. 22. Pay the Officials. 23. Report the scores	24. Suspensions;  Sect. 1: Ejection -  Sect. 1a: Game Suspensions -  Sect. 2: Physical or verbal altercation .		25. Board of Reference - SANCTIONS And PROTESTS:  Sanctions: Procedures, Penalties, Protests: Procedures.	
26. League Format:		27. Play-off Format			
28. TIE BREAKING PROCEDURES when determining a play-off position.					
29. CONVENING SOSSA CHAMPIONSHIPS;		30. Sending TWO teams from SOSSA to OFSAA			
31. SOSSA "HOST" TEAM FOR OFSAA CHAMPIONSHIPS					

**IMPORTANT:**

The policies that follow are specific to this sport and must be adhered to by every member of the NRHSAA. Each sport policy is numbered. Many of the Policies in this sport specific section make a direct reference to a specific ARTICLE or SECTION in the NRHSAA CONSTITUTION/ POLICY MANUAL. Where relevant, you will find direct reference(s) to the ARTICLE and/or SECTION of the NRHSAA CONSTITUTION/ POLICY MANUAL. If you want to refer to the NRHSAA CONSTITUTION log on to <http://www.dsb.edu.on.ca> and then click on "schools link". Or, use <http://www.dsb.edu.on.ca/schools.htm>. Make sure that you are familiar with each one. Field Lacrosse will operate under first, the auspices of the NRHSAA Constitution and then policies in this sport specific package and then provincial rules governing Field Lacrosse.

1. Season of Play: Boys = Spring Season
2. Levels of Competition A/AA and AAA/AAAA
  - Senior Level Boys ZONE; S.O.S.S.A.; O.F.S.A.A.
3. Members: Appendix A
4. Executive:
  - EXECUTIVE COMMITTEE ARTICLE VI
  - ROLES OF THE EXECUTIVE ARTICLE VII
  - STANDING COMMITTEES ARTICLE IX
  - Section 1 - Board of Reference - GENERAL
5. CONVENORSHIPS ARTICLE XIV
  - Section 1 - Athletic Convenors
  - Section 2 - Athletic Convenor Packages
6. SOLICITING STUDENTS ARTICLE XVII
7. INSURANCE ARTICLE XVIII
8. PERSONAL PROPERTY ARTICLE XIX
9. TEAM SELECTION ARTICLE XXI
10. SAFETY ARTICLE XXII
  - \* Players must wear full fit interior mouth guards, CSA approved helmet and mask with chin straps properly fastened on both sides. Gloves with fingers fully encased; shoulder pads; and arm pads. Goaltenders must wear a throat guard and chest protector.
11. SUPERVISION OF INTERSCHOOL TEAMS ARTICLE XXIII
  - \* All teams must have a designated adult, preferably a member of the school teaching staff serving on the bench as coach and supervisor for the entire game. This individual will be listed on the team eligibility sheet, signed by the school principal. No team shall be allowed to play without such an individual present.
12. ELIGIBILITY ARTICLE XI
  - Section 1 - School
    - \* 1 team/school that is eligible to pursue a Zone/SOSSA/OFSAA championship at either the "A/AA" or "AAA/AAAA" levels..
    - \* A school field lacrosse team must participate in a minimum of six (6) regulation length games and/or two (2) separate tournaments during a minimum four-week period under the supervision of the teacher-coach.
  - Section 2 - The athlete's birth certificate indicates that he has not reached his 19<sup>th</sup>. birthday by January 1<sup>st</sup>. prior to the start of the school year in which the competition is held.

Section 3 - Special Consideration

- 13 TRANSFERS ARTICLE XII  
STANDING COMMITTEE(S) ARTICLE IX  
Section 2 - Board of Reference - TRANSFER

Transfer meeting dates will be published the first week in Sept. of the current school year.

Section 1 - Transfer Policy  
Section 2 - Ineligible Ruling  
Section 3 - S.O.S.S.A. Appeal Process

14. SCHEDULING ARTICLE XV  
Section 1 - Declaration of Play

Section 2 - School Classification -

According to ARTICLE XV; Section 1 , a team may opt to play at a higher classification (“A/AA” TO “AAA/AAAA”) if they declare their intention by the Declaration of Play deadlines. SEE THE TABLE BELOW ON HOW TO “DECLARE UP”.

DECLARING UP: A school cannot just decide that a team is changing divisions!  
If your school would like to declare up for this sport, this must be done in writing, on letterhead, signed by a Principal or Vice Principal of that school.  
The written declaration must go the NRHSAA Zone Secretary, the Athletic Convenor running this sport, and also be forwarded to the SOSSA Secretary by NOVEMBER 15<sup>TH</sup>. of each school year.  
The school must submit the written declaration first.

Section 3 - League and Play-off Format - Refer to Section 25 of this document.  
Section 4 - Stages of Scheduling - To be determined each year

SPORT SPECIFIC POLICIES:

15. \* All players must wear:
- a) Approved helmet and mask.
  - b) Mouth piece.
  - c) Gloves (fingers in).
  - d) Goalie must wear throat guard.
  - e) Team jersey with minimum of 8" #'s on front and a minimum of 10" numbers on the back, plus matching colour shorts.
  - f) No duplicate numbers shall be permitted on the same team. Track suit trousers or leggings may be worn by any player but, for that particular team, they must be of the same colour.
  - g) In cases where teams have similar coloured jerseys, it is the requirement of the home team to wear contrasting jerseys/pinnies. Where no home team is identified, the team named first on the schedule will be required to wear contrasting jerseys/pinnies.
  - h) All uniforms must be intact at the start of each game.
  - i) All competitors are expected to dress in uniforms that are neat, clean and which maintain the integrity of the school's name, colours and logos.
  - j) No sport club insignia on uniforms shall be permitted. A sport club is defined as a community, provincially or nationally based organization whose primary purpose is participation in organized competition in single or multi sport programs. Sponsorship recognition is permitted to be visible but must conform to the placement guidelines outlined in OFSAA By-Law 6, Section 2(h).
  - k) Student/athletes must remain fully clothed in the appropriate team uniform in the competition area, AND use the designated locker room or change area to change to and from competition attire.
  - l) Knee braces must be approved by the head official
  - m) No **dowel rods allowed**
  - n) No wooden Shafts

All offending equipment must be repaired or removed subject to the referee's discretion.

GAME DAY AND SCHOOL RESPONSIBILITIES:

16. ELIGIBILITY SHEETS ARTICLE XII

1. Player eligibility is the sole responsibility of the Principal/Coach(es) of each school;
2. \* A copy of a signed NRHSAA eligibility sheet must be received by the Convenor at least 5 full school days prior to each team's first league game.
3. Eligibility sheets should be carried by coaches for each league/play-off game.
4. \* **Roster Limits:** There will be no roster limit AT ZONE, however only 30 medals will be given to each team AT OFSAA. Designated players must be properly listed on the game sheet. All other players must be in alternate strip or track suits if they are in the bench area.

17. GAME TIME: ARTICLE XV; Section 4

18. TIMING OF THE GAMES:

\* Games will be 4 quarters, 15 minutes each of straight time with only the last three minutes of the 4th quarter being stop time.

Overtime, if necessary, will be 2, 4 minute periods (NOT SUDDEN DEATH). THEN, IF THE GAME IS STILL TIED, there will be 4 MINUTE SUDDEN DEATH PERIODS until there is a winner.

\* JAMBOREE GAMES: All games will allow for a minimum 10 minute warm-up period. All games will have the following intervals between periods: 2 minutes between the 1 and 2nd quarters, 5 minutes at half time, and 3 minutes between the 3<sup>rd</sup> and 4<sup>th</sup> quarters. Teams who are not ready to begin on time shall be assessed an "avoidable lateness" technical foul to start the game. Teams that are more than 10 minutes late to start the match shall forfeit the match at the discretion of the Jamboree Convenor.

\* Teams will be allowed 2 one minute timeouts per half regardless of the timing format.

\* A game which has finished the third (3<sup>rd</sup>) quarter is deemed complete if play is stopped by the referee at or beyond this point. Any game which is stopped prior to the end of the third (3<sup>rd</sup>) quarter will be considered a "suspended game" and will be continued from the point that the game was stopped once play can resume. The time remaining, score, penalties, game sheet etc. will all continue from the point that the game was suspended.

19. \* HOME SCHOOL RESPONSIBILITIES:

- NCAA approved white game balls for each game (2 game balls and 3 on each end line) must be used.
- Provide a proper field, lined, with pylons and nets. Any football, rugby or soccer goal posts that are in play shall be sufficiently padded
- Tables and chairs for score keepers.
- Provide minor officials.
- Each home team is required to supply game balls.
- Each team is responsible for bringing a ball boy or girl.
- Use official score sheets or facsimilie;

20. \* OFFICIALS: No games will be played unless there are two carded referees.

21. \* OFFICIAL RULE BOOK: To govern Field Lacrosse, the NRHSAA Constitution policies are applied first, then NRHSAA Sport Specific rules for Field Lacrosse and then "The International Lacrosse Rules" book will be in effect.

22. PAYMENT OF OFFICIALS ARTICLE XXV

- SCHOOLS WILL BE BILLED AT THE END OF THE SEASON

The visiting team is responsible for transportation costs to and from the competition.

If a gate is charged at a play-off game then all expenses will be paid from the gate (referees, minor officials, linesmen, security, score keepers, etc.) and the remainder of the gate will be divided equally between the home and visiting team.

In the event a play-off game is played at a neutral site then the cost of officials will be shared equally between participating teams.

23. REPORTING SCORES ARTICLE XXVI

\* The home team will report the scores to the Athletic Convenor in charge. The official scoresheet must be received by the convenor no later than 2 full school days following the competition.

24. SUSPENSIONS \* Policies In the NRHSAA CONSTITUTION are considered first ARTICLE XXIV  
For Section 1: Ejections  
For Section 1a: Game Suspensions  
For Section 2: Physical or Verbal Altercations

\* BUT: SPECIFIC FIELD LACROSSE Suspensions and Ejections THAT MAY NOT BE IN THE CONSTITUTION:

- (i) A player is ineligible for OFSAA competition if previously suspended for a breach of the rules while playing under the jurisdiction of either the school Association or the Ontario Lacrosse Association, assuming that the suspension period covers the OFSAA Festival dates.
- (ii) Any player given an intent to injure penalty (including off-the-ball leg slashes, and pulling the face mask) will be ejected from Festival play.
- (iii) The third man into an off-play altercation will be ejected from Festival play.
- (iv) Players who accumulate four (4) minutes in personal fouls will be suspended for the duration of that match.
- (v) Any expulsion penalty must be reported to both the Referee-in-Chief and the Festival Convenor, and will result in suspension for the remainder of Festival play.
- (vi) Goaltenders receiving a penalty shall serve their own penalty provided that the team has a second goaltender dressed. Where a team only has one goaltender dressed, they must declare a “designated defender” prior to the game, who shall serve all goaltender time served penalties other than expulsion
- (vii) Only Captains may speak to officials.

25. STANDING COMMITTEE(S) ARTICLE IX

Section 3 - Board of Reference - SANCTIONS AND PROTESTS

- Sanctions
- Procedures
- Penalties
- Protests
- Procedures

26. League Format for NRHSAA ZONE 3 AND 4 Boys’ Field Lacrosse: to be determined by the number of teams who have declared.

27. League PLAY-OFF format for NRHSAA ZONE 3 AND 4 Boys’ Field Lacrosse:

Play-offs will be determined at the Convenors Individual Sport Body Meeting. It is suggested that for A/AA and AAA/AAAA Divisions that have 8 or more schools, top 8 make the play-offs; 6 or 7 school, top 6 make the play-offs; 4 or 5

schools, top 4 make the play-offs; 2 or , all 2 or 3 make the play-offs; 1 school, that school would be the zone representative at SOSSA.

All schools participating are to send a representative to the Convenors Individual Sport Body Meeting otherwise forfeit all **rights for input in** the league and play-off format.

28. TIE BREAKING PROCEDURES when determining a play-off position when a league schedule leads to play-offs:

ARTICLE XVII

- (1) Record between tied teams;
- (2) Record against teams higher in the standings (1 above, then 2 above, etc.);
- (3) Record against teams lower in the standings (1 below, then 2 below, etc.);

(4) (a) coin flip to determine play-off position only.

The convenors will determine a time and location for the coin flip. Schools involved may send the coach or a representative to verify the results. If a school is unable to send a representative the school that is present for the flip will choose “heads” or “tails”. If no school is present then the school that is alphabetically ranked highest will have “heads” in the coin flip (see appendix A1 and A2 for alphabetical listing for each zone). The convenor will notify schools involved of the results.

(b) Play-off in a neutral arena or a coin flip for home advantage, if both coaches agree, if it is to determine the final play-off position.

(c) In the event of a four way tie, the convenors in consultation with the N.R.H.S.A.A. Executive and the schools involved will determine a tie-breaking procedure.

29. SOSSA INC. - BOYS' FIELD LACROSSE: - CONVENING S.O.S.S.A. CHAMPIONSHIPS - ARTICLE XXVIII

Constitution and By-Laws: pages 1 to 25 of the SOSSA handbook;

BOYS' FIELD LACROSSE: page ?? to ?? of the SOSSA handbook.

30. Sending TWO teams from SOSSA to OFSAA:

\*Entries for both the “A/AA” and “AAA/AAAA” festivals shall be as follows:

one team from each of CISAA, COSSA, LOSSA, NCSSAA, ROPSSAA, SOSSA, TDSSAA, and YRAA. This shall be reviewed annually to allow for the addition of other associations as such associations declare an interest to participate.

\* Should it be necessary to facilitate the draw at OFSAA, additional entries shall be selected from:

- (i) the gold medal Association of the previous year;
- (ii) the silver medal Association of the previous year;
- (iii) the bronze medal Association of the previous year;
- (iv) the antique bronze medal Association of the previous year.

\* (d) Associations with fewer than four (4) schools participating in lacrosse shall not have direct entry to OFSAA. To accommodate associations in such a situation the OFSAA Sport Advisory Committee, in consultation with the staff liaison, shall arrange crossover play with another Association to provide them with access to OFSAA.

\* (e) Entries must be received by the OFSAA Convenor no later than the Saturday prior to the OFSAA Festival. Late entries will only be accepted if they can be accommodated and shall be subject to a penalty of an additional entry fee.

31. SOSSA “HOST” TEAM FOR OFSAA CHAMPIONSHIPS: ***IF APPLICABLE***

JUST BECAUSE A SCHOOL REPRESENTATIVE IN ZONE 3/4 CHAIRS OFSAA, THAT DOES NOT MEAN THAT THEIR SCHOOL IS AN AUTOMATIC ENTRANT INTO OFSAA.

“If the OFSAA representative is not from the “host” community, the “host” team will be the representative from the community where the OFSAA championship is being played. The strongest team from that community shall be selected as the “host” team. If the SOSSA, INC champion and therefore the OFSAA representative is from the “host” community, the selection of another SOSSA INC representative will be through the use of the “second” entry formula. (#29 ABOVE).

A “host” community shall be defined as the SOSSA Zone in which the OFSAA Championship is being played.”

FIELD LACROSSE IS NOW A FESTIVAL SPORT AT THE OFSAA LEVEL. CHECK [www.ofsaa.on.ca](http://www.ofsaa.on.ca) for more.

SOSSA WILL HAVE ONE ENTRY AT THE A/AA LEVEL AND ONE ENTRY AT THE AAA/AAAA LEVEL