

1. Girls' - SPRING Sport		SLO-PITCH		2. ZONE	
<p>Many of the Policies in this sport specific section make a direct reference to a specific ARTICLE or SECTION in the NRHSAA CONSTITUTION/ POLICY MANUAL. Where relevant, you will find direct reference(s) to the ARTICLE and/or SECTION of the NRHSAA CONSTITUTION/ POLICY MANUAL. If you want to refer to the NRHSAA CONSTITUTION log on to http://www.dsb.edu.on.ca and then click on "schools link". Or, use http://www.dsb.edu.on.ca/schools.htm. The policies that follow are specific to this sport and should be adhered to, by every member of the NRHSAA.</p>					
3. N.R.H.S.A.A. Zone members' phone/fax numbers - See Appendix A					
4. Executive Board of Reference - GENERAL (Responsibilities; Procedures);					
5. Athletic Convenors					
6. Soliciting	7. Insurance	8. Personal Property	9. Team Selection	10. Safety	11. Supervision of Interscholastic Teams
12. Eligibility for...					
a) a School:	b) an Individual c) Special Considerations;	13. Transfers: -Sect.2, Board of Reference - TRANSFER (Procedures): -Sect. 1, Transfer Policy,; -Transfer Form; (Appendix); -Transfer Meeting Dates; -Sect.2, Ineligible Ruling; -Sect.3, SOSSA Appeal Process;		14. Scheduling: -Sect.1, Declaration of play; -Sect.2, School Classification; -Sect.3, League and Play-off format; -Sect.4, Stages of Scheduling.	
Sport Specific Policies that may or may not be in the NRHSAA Constitution and Policy Manual.					
15. Eligibility Sheets;	19. Tournament (Meet) Structure, Procedure and Championship format;	21. Suspensions; - Ejection- - Physical or verbal altercation -		22. Board of Reference - SANCTIONS And PROTESTS: Sanctions: Procedures, Penalties, Protests: Procedures.	
16. Tournament time;	20. NO Team Zone entries and Advancement to SOSSA				
17. Uniforms and equipment.					
18. Payment of Officials					
23. Rules: READ CAREFULLY					

IMPORTANT:

The policies that follow are specific to this sport and must be adhered to by every member of the NRHSAA. Each sport policy is numbered. Many of the Policies in this sport specific section make a direct reference to a specific ARTICLE or SECTION in the NRHSAA CONSTITUTION/ POLICY MANUAL. Where relevant, you will find direct reference(s) to the ARTICLE and/or SECTION of the NRHSAA CONSTITUTION/ POLICY MANUAL. If you want to refer to the NRHSAA CONSTITUTION log on to <http://www.dsbncanada.ca> and then click on "schools link". Or, use <http://www.dsbncanada.ca/schools.htm>. Make sure that you are familiar with each one.

1.	Season of Play:	Girls' = Spring Season	
2.	Levels of Competition;	Varsity (senior age);	ZONE (only).
3.	Members:	Appendix A	
4.	Executive:		
	EXECUTIVE COMMITTEE	ARTICLE VI	PAGE.....2
	ROLES OF THE EXECUTIVE	ARTICLE VII	PAGE.....3
	STANDING COMMITTEES	ARTICLE IX	PAGE.....5
	Section 1 - Board of Reference - GENERAL		PAGE.....5
5.	CONVENORSHIPS	ARTICLE XIV	PAGE.....14
	Section 1 - Athletic Convenors'		PAGE.....15
	Section 2 - Athletic Convenor Packages		PAGE.....15
6.	SOLICITING STUDENTS	ARTICLE XVII	PAGE.....18
7.	INSURANCE	ARTICLE XVIII	PAGE.....18
8.	PERSONAL PROPERTY	ARTICLE XIX	PAGE.....18
9.	TEAM SELECTION	ARTICLE XX1	PAGE.....19
10.	SAFETY	ARTICLE XXII	PAGE.....19
11.	SUPERVISION OF INTERSCHOOL TEAMS	ARTICLE XXIII	PAGE.....19
12.	ELIGIBILITY	ARTICLE XI	PAGE.....10
	Section 1 - School		PAGE.....10

Each school may enter one team. There will be 2 tournaments:
 Larger school of 700 plus students and
 Smaller schools below 699 students.

Section 2 - Individual PAGE.....10

ELIGIBILITY FOR GIRLS' SLO-PITCH: Refer to Section 2, ART. XI of the Constitution for more information.

NOTE: The individual's birth certificate indicates that she has **not reached her 19th. birthday by January 1st.** prior to the start of the school year in which the competition is held.

Section 3 - Special Consideration PAGE.....12

13.	TRANSFERS	ARTICLE XII	PAGE.....13
	STANDING COMMITTEE(S)	ARTICLE IX	PAGE.....5
	Section 2 - Board of Reference - TRANSFER		PAGE.....6
	Transfer meeting dates will be published the first week in Sept. of the current school year.		
	Section 1 - Transfer Policy		PAGE.....13
	Section 2 - Ineligible Ruling		PAGE13
	Section 3 - S.O.S.S.A. Appeal Process		PAGE.....14
14.	SCHEDULING	ARTICLE XV	PAGE.....15
	Section 1 - Declaration of Play		PAGE.....15
	Section 2 - School Classification		PAGE.....16
	Section 3 - League and Play-off Format		PAGE.....16
	Section 4 - Stages of Scheduling		PAGE.....16
SPORT SPECIFIC POLICIES:			
SCHOOL RESPONSIBILITIES:			
15.	ELIGIBILITY SHEETS	ARTICLE XII	PAGE.....13
	Please FAX an eligibility sheet to the Zone convenor at least 2 weeks before the tournament.		
	All dressed players must be listed on an eligibility sheet.		
16.	GAME TIME:	ARTICLE XV; Section 4	PAGE.....17
	One day tournament for large and small schools. Starting time and day will be determined at the spring meetings or by the Convenor(s).		
17.	UNIFORMS AND EQUIPMENT		
	All players must wear the same coloured tops		
18.	PAYMENT OF OFFICIALS	ARTICLE XXV	PAGE.....20
	Only if we use accredited umpires.		
19.	TOURNAMENT MEET STRUCTURE, PROCEDURES AND CHAMPIONSHIP FORMAT:		
	ONE day tournament for each tournament. TOURNAMENT MEET STRUCTURE, PROCEDURE AND CHAMPIONSHIP FORMAT will be sent to each coach that has given the convenor an email address.		
		ARTICLE XXVI	PAGE..... 20
20.	No SOSSA advancement.		
21.	SUSPENSIONS	ARTICLE XXIV	PAGE.....19
	Section 1 - Ejection from competition		PAGE.....19
	Section 2 - Physical or Verbal Altercation		PAGE.....19
22.	STANDING COMMITTEE(S)	ARTICLE IX	PAGE.....5
	Section 3 - Board of Reference -	SANCTIONS AND PROTESTS	
		Procedures	PAGE.....7
		Penalties	PAGE.....8
		Protests	PAGE8
		Procedures	PAGE.....8

23. SLO - PITCH RULES

A) **ENTRY:**

Each school may enter one team, all players must meet SOSSA eligibility. Please FAX an eligibility sheet to the Zone convenor at least 2 weeks before the tournament.

There will be 2 tournaments: Larger school of 700 plus students and Smaller schools below 699 students all .

B) **GENERAL RULES:**

- a. 4 Balls 3 Strikes
- b. If the batter hits a foul ball while she has 2 Strikes, she is OUT.
- c. There is a "commit" line on the third base.
- d. No stealing or lead offs.
- e. No sliding, but runner can dive back to the base, if you slide you are automatically out.
- f. No tag is needed at home plate.
- g. Any foul tip caught by the catcher is an OUT, regardless of how high it goes.
- h. A coin flip determines which team bats first.

C) **PITCHING:**

- a. Pitcher must throw a ball in an arc of which it must be over the batter's head, to a maximum of approximately 12 feet.
- b. The Umpire should call "flat" if the ball is too low or "high" if it is over 12 feet – this will be a ball.
- c. The pitcher MUST begin her delivery with one or both feet on the pitching rubber, this means that the pitcher CANNOT start behind the rubber then move to it.
- d. If the ball hits the mat (2 feet x 3 feet) it is a strike.
- e. The rubber is 45 feet from home plate.
- f. 2 warm-up pitches only before each inning.

D) **SUBSTITUTION OF PLAYERS:**

- a. Each team **MUST** have a minimum of 10 girls in the batting rotation. If less than that number appear then an automatic out will be recorded for each batter less than 10 when they were to appear at the plate.
- b. You can have more than 10 girls in the batting order if you wish.
- c. If a girl leaves the game for any reason, she must be replaced in the line up with another girl. If a substitution is not available an automatic out is recorded when she was to appear at the plate.
- d. Pinch running is not allowed. If a girl needs to pinch run, then she is out of the game. If a sub is not available to replace her in the rotation an automatic out will be recorded the next time she appears at the plate.
- e. There shall be 10 players on the field. Unlimited substitutions. Players do not have to be in batting lineup to play the field.

E) **REGULATIONS:**

- ▶ Bases are 65 feet apart
- ▶ Pitching 45 feet
- ▶ Softball is 12". DO NOT BRING 11" BALLS. They are too small!!!
- ▶ Each school must supply 1 new game ball for each game, therefore come with at least 3 new balls.
- ▶ (you may play 6 games).
- ▶ All batters and base runners **MUST WEAR HELMETS**
- ▶ The catcher **MUST** wear a catcher's mask.

F) **OFFICIALS:**

- a. Qualified umpires will be used for all games. They will be provided as part of your entry fee..
- b. The umpires' decisions are final.
- c. At the games end the score keepers are to report the score to the Convenor's table.

G) **SCORING:**

- a. All games (round robin) are 6 innings, with the exceptions listed below.
- b. Mercy of 10 runs after 4 innings.
- c. 3 Points for a win, 0 for loss, and 1 for a tie.
- d. If a game is tied after 6 innings or at curfew time it will remain a tie score and each team will be awarded a point.
- e. Curfew: No new inning can begin after 55 minutes for the first pitch time.
- f. Teams must hustle on and off the field so complete game may be played.
- g. If the home team is ahead in the last inning, it **DOES NOT** take its last bat in the bottom half of the inning. The game is **OVER** even if your team does not have maximum run differential. The run differential will revert back to the last **FULL** inning. This will not be a problem if your team wins all of its games. This is the rule, fair or not.
- h. **TIE BREAKERS**
 - i. The first tie breaker is the head to head winner.
 - ii. The second tie breaker will be a run differential. (i.e. runs for minus runs against. **HOWEVER**, the maximum number of differential runs for any game is +6 or -6. This will eliminate **MERCY** or **LARGE SCORE** run ups. The largest or biggest differential will advance or be placed ahead.
 - iii. The third tie breaker is least amount of runs scored against during all games.
 - iv. The fourth tie breaker is a coin flip.
- g. All playoff round, quarter final, semi final and final games are 6 innings without a curfew. All playoff round games must have a winner. If the game is tied after 6 innings a tie breaking rule of the last out starting at 2nd base to begin extra innings will be in effect. The mercy rule will be in effect for the playoff round, quarter, semi final and final games

H) **FINALLY:**

- a. We are on a time frame of 1 hour per game. You, as a coach **MUST** get the games started on time. No new inning can start after 55 minutes of the 1st pitch. Both coaches and the umpire should note the first pitch time.
- b. We don't have breaks between games so have your team ready to play at least 15 minutes before the scheduled start time.
- c. Conveners have the right to shorten any game if need be.
- d. Please provide your team with uniforms, or at least with shirts of the same colour. Number shirts help the score keepers. This is a zone championship so look the part.
- e. Pick up your garbage.

C O A C H E S I N F O R M A T I O N S H E E T

Hopefully the day will work out positively .
Please do the following to ensure things run smoothly.

1. Coaches and score keepers must be aware of all the rules well before the day of the tournament.
2. Have your players well versed on the rules before the tournament.