

1. Girls' - SPRING Sport		RUGBY		2. Senior - ZONE/SOSSA/OFSAA	
<p>Many of the Policies in this sport specific section make a direct reference to a specific ARTICLE or SECTION in the NRHSAA CONSTITUTION/ POLICY MANUAL. Where relevant, you will find direct reference(s) to the ARTICLE and/or SECTION of the NRHSAA CONSTITUTION/ POLICY MANUAL. If you want to refer to the NRHSAA CONSTITUTION log on to http://www.dsb.edu.on.ca and then click on "schools link". Or, use http://www.dsb.edu.on.ca/schools.htm. The policies that follow are specific to this sport and should be adhered to, by every member of the NRHSAA.</p>					
<p>3. N.R.H.S.A.A. Zone members' phone/fax numbers - See Appendix A</p>					
<p>4. Executive; Board of Reference - GENERAL (Responsibilities; Procedures);</p>					
<p>5. Athletic Convenors</p>					
6. Soliciting	7. Insurance	8. Personal Property	9. Team Selection	10. Safety	11. Supervision of Interschool Teams
12. Eligibility for...					
a) a School: one team/school	b) an Individual; - up to senior age; c) Special Considerations;	13. Transfers: -Sect.2, Board of Reference -TRANSFER (Procedures); -Sect. 1, Transfer Policy,; -Transfer Form; (Appendix); -Transfer Meeting Dates; -Sect.2, Ineligible Ruling; -Sect.3, SOSSA Appeal Process;		14. Scheduling: -Sect.1, Declaration of play; -Sect.2, School Classification; -Sect. 3, League and Play-off format; -Sect.4, Stages of Scheduling.	
<p>Sport Specific Policies that may or may not be in the NRHSAA Constitution and Policy Manual.</p>					
15. Eligibility sheets;	23. TIE BREAKING PROCEDURES when determining a play-off position.;	26. Official Rules; Zone policies first, then the CRU Rules;		31. Board of Reference - SANCTIONS And PROTESTS Sanctions: Procedures, Penalties Protests: Procedures.	
16. Home School Responsibilities;		27. Pay the Officials;			
17. League and Play-off Format;		28. Report the scores;			
18. Game Time;	24. TIE BREAKING PROCEDURES for actual Play-off games;	29. Visiting Coaches' responsibilities;			
19. Playing time;		30. Suspensions; - Ejection; - Physical or verbal altercation.			
20. Uniforms and equipment;	25. Accredited Officials;				
21. Replacement of players;					
22. Blood injuries;					
32. S.O.S.S.A. Girls' Rugby;		33. Convening SOSSA Championships			
34. SOSSA "HOST" TEAM FOR OFSAA CHAMPIONSHIPS					

IMPORTANT: The policies that follow are specific to this sport and must be adhered to by every member of the NRHSAA. Each sport policy is numbered. Sometimes within a sport policy CAPITALS ARE USED TO IDENTIFY THE ARTICLE and THE SECTION THAT ARE IN THE N.R.H.S.A.A. CONSTITUTION/ POLICY MANUAL. If you want to refer to the NRHSAA CONSTITUTION log on to <http://www.dsb.edu.on.ca> and then click on "schools link". Or, use <http://www.dsb.edu.on.ca/schools.htm> . Make sure that you are familiar with each one.

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|-----|--|-----------------------|------------------------------|
| 1. | Season of Play: | Girls = Spring Season | |
| 2. | Levels of Competition | | |
| | Senior Level | Girls | ZONE; S.O.S.S.A.; O.F.S.A.A. |
| 3. | Members: | Appendix A | |
| 4. | Executive: | | |
| | EXECUTIVE COMMITTEE | | ARTICLE VI |
| | ROLES OF THE EXECUTIVE | | ARTICLE VII |
| | STANDING COMMITTEES | | ARTICLE IX |
| | Section 1 - Board of Reference - GENERAL | | |
| 5. | CONVENORSHIPS | | ARTICLE XIV |
| | Section 1 - Athletic Convenors | | |
| | Section 2 - Athletic Convenor Packages | | |
| 6. | SOLICITING STUDENTS | | ARTICLE XVIII |
| 7. | INSURANCE | | ARTICLE XIX |
| 8. | PERSONAL PROPERTY | | ARTICLE XX |
| 9. | TEAM SELECTION | | ARTICLE XXII |
| 10. | SAFETY | | ARTICLE XXIII |
| 11. | SUPERVISION OF INTERSCHOOL TEAMS | | ARTICLE XXIII |
| 12. | ELIGIBILITY | | ARTICLE XI |
| | Section 1 - School | | |

One senior-aged girls' team per school advances to S.O.S.S.A..

As of APRIL/04, each team may have an unlimited number of players.

Section 2 - Individual

ELIGIBILITY FOR VARSITY (SENIOR) GIRLS' RUGBY: Refer to Section 2, ART. XI of the Constitution for more information.

The individual's birth certificate indicates that she has **not reached her 19th. birthday by January 1st.** prior to the start of the school year in which the competition is held.

And be in Grades 9 - 12.

Section 3 - Special Consideration

13. TRANSFERS ARTICLE XII
STANDING COMMITTEE(S) ARTICLE IX
Section 2 - Board of Reference - TRANSFER
Transfer meeting dates will be published the first week in Sept. of the current school year.
Section 1 - Transfer Policy
Section 2 - Ineligible Ruling
Section 3 - S.O.S.S.A. Appeal Process

14. SCHEDULING ARTICLE XV
Section 1 - Declaration of Play
Section 2 - School Classification
Section 3 - League and Play-off Format
Section 4 - Stages of Scheduling

SPORT SPECIFIC POLICIES:

GAME DAY AND SCHOOL RESPONSIBILITIES:

15. ELIGIBILITY SHEETS ARTICLE XII
The eligibility sheets must be to the Convenor *BEFORE* THE THIRD FRIDAY OF APRIL.

16. Home coaches are responsible for the following:

1. Have the field correctly marked, corner flags in place (corner flags must be on the field, minimum height 5' (or its metric equivalent) and rounded at the top), uprights padded, team benches out.
2. Provide a suitable game ball.
3. Ensure that the behaviour of spectators is what is expected.
4. Ensure that the field is in playable condition
5. In the event that the game has been called off, the coach is to notify the Athletic Convenor and the visiting coach as soon as possible, preferably before 12 noon. Official(s) WANT 24 HOUR NOTICE or they may have to be paid.
6. Have a second set of shirts available for the home team to change into in the event that there is a conflict of team colours.
7. **As of April 2011, player benches must be on the same side of the playing field. Spectator areas will be on the opposite side of the players' benches. Where this cannot physically be possible, the players' bench areas must be clearly defined and spectator areas are not to be in those areas.**

17. LEAGUE AND PLAY-OFF FORMAT:

The format for league competition and play-offs will be determined at the Convenors Individual Sport Body Meeting. All schools participating are to send a representative to the Convenors Individual Sport Body Meeting otherwise forfeit all **rights for input in** the league and play-off format.

Any game / match not played, will be recorded by the convenor as a win for the school who did not forfeit.

In team sports where standings are used to determine play-offs, the win/loss achieved against teams that drop out will be taken away (not added) to teams that are still yet to play them.

18. GAME TIME: ARTICLE XV; Section 4

The game will start not usually before 3:30 (no earlier without Convenor's knowledge and both Principals' permission).

19. PLAYING TIME FOR LEAGUE GAMES and PLAY-OFFS:

All games, including semi-finals and finals consist of 2 twenty-five minute halves with a (5) five minute rest period. If play-

offs are on one day and consist of two (2) games, then to comply with the time restriction of 80 minutes per day, all games will consist of two (2) halves of TWENTY minutes with a five (5) minute rest period.

20. UNIFORMS AND EQUIPMENT: (Uniforms shall conform to C.R.U. laws).

1. All players must wear mouth guards at all times.
2. All players must wear the same coloured tops. No partial uniforms will be allowed.
3. All tops must be numbered.
4. Wearing tracksuit pants or sweat pants will be at the discretion of the referee only in adverse weather conditions.
5. CRU approved shoes that are duly inspected by the official and are deemed to be safe be allowed.
6. Jewelry, watches, rings, casts, etc., that could be a hazard to other players will not be permitted. If you are in doubt, contact the referee before the game.

21. REPLACEMENT OF PLAYERS:

- i) there shall be unlimited substitution for injury, at any time during the game or overtime, provided the referee is notified. Injured players shall not return to the game.
- ii) Should a player be ejected from the game for flagrant abuse of the rules of abusive or profane language, she is no longer eligible for competition in the that game and no replacement will be allowed for the remainder of that game during which the offence occurred.
- iii) As of April/04, there shall be unlimited substitutions at any time during the game or overtime, provided the referee is notified.

22. BLOOD INJURY:

Any bleeding player must leave the field immediately for treatment. The player is allowed 15 minutes (and a substitute) to control the bleeding. At the end of 15 minutes and if the bleeding has not stopped the bleeding player may not return to play and the substitute becomes the permanent player.

23. TIE BREAKING PROCEDURES when determining a play-off position when a league schedule leads to play-offs:

ARTICLE XVII

- (1) Record between tied teams; **NOTE: If a team forfeits a game(s), then that forfeit may affect a play-off position.**
- (2) Record against teams higher in the standings (1 above, then 2 above, etc.);
- (3) Record against teams lower in the standings (1 below, then 2 below, etc.);
- (4) (a) coin flip to determine play-off position only.
The Convenor will determine a time and location for the coin flip. Schools involved may send the coach or a representative to verify the results. If a school is unable to send a representative the school that is present for the flip will choose "heads" or "tails". If no school is present then the school that is alphabetically ranked highest will have "heads" in the coin flip (see appendix A1 and A2 for alphabetical listing for each zone).
The Convenor will notify schools involved of the results.
- (b) Play-off on a neutral field/court or a coin flip for home field if both coaches agree, if it is to determine the final play-off position.
- (c) In the event of a four way tie, the Convenor in consultation with the N.R.H.S.A.A. Executive and the schools involved will determine a tie-breaking procedure.

24. As of April/04: TIE BREAKING PROCEDURES FOR actual PLAY-OFF GAMES:

Teams shall re-toss to select the right to kick or choice of end prior to overtime periods This procedure shall be used for play-off games only.

- (i) Two (2) five-minute sudden-death periods with one (1) minute between periods; teams shall play 10 aside during the first five-minute period and 7 aside during the second five-minute period;
- (ii) A coin toss shall be used to determine which team kicks first;

"EACH TEAM WILL SELECT 3 PLAYERS, FROM AMONG THE PLAYERS ON THE FIELD AT THE END OF THE OVERTIME PERIOD, WHO SHALL BE ORGANIZED TO KICK FROM DESIGNATED SPOTS, AT THE GOAL POSTS. EACH PLAYER WILL KICK FROM ONE SPOT. THE SPOT SHALL BE (A) MIDWAY BETWEEN THE

SIDE LINES, ON THE 22 METRE LINE, AND (B) ON EACH SIDE OF THE FIELD AT THE INTERSECTION OF THE 22 METRE LINE AND THE 15 METRE LINE-OUT LINE.

REPEAT THE PROCESS UNTIL A WINNER IS DECIDED.”

25. OFFICIALS: All attempts must be made to use accredited officials.

26. OFFICIAL RULE BOOK: Zone/SOSSA/OFSAA policies plus the Laws of the Canadian Rugby Union will govern the playing of girls’ rugby.

27. PAYMENT OF OFFICIALS ARTICLE XXVI

The officials will be centrally paid. Money will be collected at the end of the season by the convenor in charge. **The amount will be announced at the first meeting.** The visiting team is responsible for transportation costs to and from the competition.

If a gate is charged at a play-off game then all expenses will be paid from the gate (referees, minor officials, linesmen, security, score keepers, etc.) and the remainder of the gate will be divided equally between the home and visiting team.

If a gate is charged at an NRHSAA league game then all expenses will be paid from the gate and the remainder shall be split 60% for the home team and 40% for the visiting team.

In the event a play-off game is played at a neutral site then the cost of officials will be shared equally between participating teams.

28. REPORTING SCORES ARTICLE XXVII

The home team will immediately report the scores to the Athletic Convenor in charge. As of April/04, home teams will use the NRHSAA Rugby Scoring sheet.

29. VISITING COACHES are responsible for the following:

1. Have your team at the opposing school at least 20 minutes prior to kick-off.
2. To control the conduct of any spectators accompanying the team.

30. SUSPENSIONS ARTICLE XXV

Section 1 - Ejection from competition
Section 2 - Physical or Verbal Altercation

A player who receives (2) two yellow card offenses in the same game, will receive an automatic (1) one game suspension and no substitution may enter that game;

Should a player be ejected from the game for flagrant abuse of the rules of abusive or profane language, she is no longer eligible for competition in the that game and no replacement will be allowed for the remainder of that game during which the offence occurred.

A player is ineligible for Zone play if previously suspended for a breach of the rules while playing under the jurisdiction of the Ontario Rugby Union.

31. STANDING COMMITTEE(S) ARTICLE IX

Section 3 - Board of Reference - SANCTIONS AND PROTESTS

Procedures
Penalties
Protests
Procedures

32. SOSSA INC. GIRLS’ RUGBY:

Constitution and By-Laws: pages 1 to 25 of the SOSSA handbook;

GIRLS' RUGBY pages 55 to 57 of the SOSSA handbook.

1 champion from each Zone will go to SOSSA. The SOSSA championship will held in the spring at least one week prior to the OFSAA. Check www.sossa.on.ca and www.ofsaa.on.ca for dates, times and locations.

33. CONVENING S.O.S.S.A. CHAMPIONSHIPS ARTICLE XXIX

34. SOSSA "HOST" TEAM FOR OFSAA CHAMPIONSHIPS:

If a school hosts an OFSAA Championship, the school has the first right of acceptance or refusal of the SOSSA Championship for that activity, in the same school year, as the OFSAA Championship

08-2009 - NIAGARA REGION HIGH SCHOOL ATHLETIC ASSOCIATION RUGBY MATCH SHEET -

BEFORE THE MATCH BEGINS: HOME TEAM must see that SECTIONS (A) and (B) on this sheet gets COMPLETED and SIGNED by each coach and given to the referee before the match begins.

(A)

DAY/DATE:	GIRLS' ___ or JUNIOR BOYS' ___ or SENIOR BOYS' ___	LOCATION:
Girls	HOME TEAM:	
	VISITING TEAM:	

(B)

HOME TEAM: ELIGIBILITY I (HOME team coach) acknowledge that the student/athletes that played in this Rugby Match are the same student/athletes that appear on the school's eligibility list that was sent to the Rugby Convenor prior to the start of the Rugby season.	VISITING TEAM: ELIGIBILITY I (VISITING team coach) acknowledge that the student/athletes that played in this Rugby Match are the same student/athletes that appear on the school's eligibility list that was sent to the Rugby Convenor prior to the start of the Rugby season.
JUNIOR player(s) added for this match:	JUNIOR player(s) added for this match:
HOME COACH'S SIGNATURE:	VISITING COACH'S SIGNATURE:

(C) AFTER THE MATCH ENDS: The referee must return the this match sheet with SECTION (C) COMPLETED (if necessary) and SIGNED, to the coach of the HOME TEAM.

Referee's Name: (print):	Referee's Signature:
REFEREE'S COMMENTS: Please note in detail: (Names and school of players who received RED/YELLOW Cards):	

HOME SCHOOL:	VISITING SCHOOL:
Player(s) name who received RED/YELLOW CARD(S):	Player(s) name who received RED/YELLOW CARD(S):

THEN ...

THE HOME TEAM MUST COMPLETE THE REPORTING SHEET ON and fax this score sheet and the reporting sheet to: RUGBY CONVENOR: fax number: 905-680-6651 that afternoon or early the next morning. The "Reporting Sheet" is the only sheet that should be faxed to the newspaper.