

1. Boys' and Girls' - WINTER Sport		WINTER		2. ZONE/SOSSA	
<p>Many of the Policies in this sport specific section make a direct reference to a specific ARTICLE or SECTION in the NRHSAA CONSTITUTION/ POLICY MANUAL. Where relevant, you will find direct reference(s) to the ARTICLE and/or SECTION of the NRHSAA CONSTITUTION/ POLICY MANUAL. If you want to refer to the NRHSAA CONSTITUTION log on to <a href="http://www.dsb.edu.on.ca">http://www.dsb.edu.on.ca</a> and then click on "schools link". Or, use <a href="http://www.dsb.edu.on.ca/schools.htm">http://www.dsb.edu.on.ca/schools.htm</a>. The policies that follow are specific to this sport and should be adhered to, by every member of the NRHSAA.</p>					
3. N.R.H.S.A.A. Zone members' phone/fax numbers - See Appendix A					
4. Executive Board of Reference - GENERAL (Responsibilities; Procedures);					
5. Athletic Convenors					
6. Soliciting	7. Insurance	8. Personal Property	9. Team Selection	10. Safety	11. Supervision of Interschool Teams
12. Eligibility for...					
a) a School:	b) an Individual  c) Special Considerations;	13. Transfers:  -Sect.2, Board of Reference - TRANSFER (Procedures): -Sect. 1, Transfer Policy,; -Transfer Form; (Appendix); -Transfer Meeting Dates; -Sect.2, Ineligible Ruling; -Sect.3, SOSSA Appeal Process;		14. Scheduling:  -Sect.1, Declaration of play; -Sect.2, School Classification; -Sect.3, League and Play-off format; -Sect.4, Stages of Scheduling.	
Sport Specific Policies that may or may not be in the NRHSAA Constitution and Policy Manual.					
15. Eligibility Sheets;	19. Rules;	24. Suspensions;		25. Board of Reference - SANCTIONS And PROTESTS:	
16. Events;	20. Uniform and Equipment;	- Ejection- - Physical or verbal altercation -		Sanctions: Procedures, <b>Penalties,</b> Protests: Procedures.	
17. Start Time;	21. Scoring;				
18. Meet and Championship Format;	22. General Policies;				
	23. Zone entries and Advancement to SOSSA				
26. SOSSA Boys' and Girls' Alpine Skiing				27. Convening SOSSA Championships	
				28. SOSSA "HOST" TEAM FOR OFSAA CHAMPIONSHIPS:	

NOTE: THERE ARE SO FEW ZONE TEAMS THAT THESE ZONE TEAMS AUTOMATICALLY ADVANCE TO SOSSA.

N.R.H.S.A.A. SPORT SPECIFIC POLICIES - Boys' and Girls' Alpine (Down Hill) Skiing

**IMPORTANT:** The policies that follow are specific to this sport and must be adhered to by every member of the NRHSAA. Each sport policy is numbered. Sometimes within a sport policy CAPITALS ARE USED TO IDENTIFY THE ARTICLE and THE SECTION THAT ARE IN THE N.R.H.S.A.A. CONSTITUTION/ POLICY MANUAL. If you want to refer to the NRHSAA CONSTITUTION log on to <http://www.dsb.edu.on.ca> and then click on "schools link". Or, use <http://www.dsb.edu.on.ca/schools.htm> . Make sure that you are familiar with each one.

1. Season of Play  
Girls = Winter Season                      Boys = Winter Season
2. Levels of Competition  
Senior Level                                      Boys and Girls                      ZONE; S.O.S.S.A.; O.F.S.A.A.
3. Members:                      Appendix A
4. Executive:  
EXECUTIVE COMMITTEE                      ARTICLE VI  
ROLES OF THE EXECUTIVE                      ARTICLE VII  
STANDING COMMITTEES                      ARTICLE IX  
Section 1 - Board of Reference - GENERAL
5. CONVENORSHIPS                      ARTICLE XIV  
Section 1 - Athletic Convenors  
Section 2 - Athletic Convenor Packages
6. SOLICITING STUDENTS                      ARTICLE XVIII
7. INSURANCE                      ARTICLE XIX
8. PERSONAL PROPERTY                      ARTICLE XX
9. TEAM SELECTION                      ARTICLE XXII
10. SAFETY                      ARTICLE XXIII
11. SUPERVISION OF INTERSCHOOL TEAMS                      ARTICLE XXIV
12. ELIGIBILITY                      ARTICLE XI

Athlete eligibility is the sole responsibility of the principal and coach of each school.

Section 1 - School

A school is entitled to enter an Open Mens' team and an Open Womens' team. A school may have up to 10 skiers race in each event. However, a team will consist of five (5) members with the score of three (3) members counting. The five skiers on a team must be designated by the coach on the entry sheet. The team can be all boys; all girls; or mixed.

Section 2 - Individual

Senior:                      19 and under on Aug. 31 of the upcoming school year: ( 20 Aug 31 ineligible; 20 Sept 1 - eligible ).

13. TRANSFERS ARTICLE XIII  
STANDING COMMITTEE(S) ARTICLE IX  
Section 2 - Board of Reference - TRANSFER  
Transfer meeting dates will be published the first week in Sept. of the current school year.  
Section 1 - Transfer Policy  
Section 2 - Ineligible Ruling  
Section 3 - S.O.S.S.A. Appeal Process

14. SCHEDULING ARTICLE XV  
Section 1 - Declaration of Play  
Section 2 - School Classification  
Section 3 - League and Play-off Format  
Section 4 - Stages of Scheduling

SPORT SPECIFIC POLICIES:

15. ELIGIBILITY SHEETS ARTICLE XII

Note: Eligibility sheets must be received by the Convenor 2 school days before the first meet.

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16. EVENTS:

WOMENS' SLALOM;  
WOMENS' GIANT SLALOM;  
MENS' SLALOM;  
MENS' GIANT SLALOM.

17. Start Time:

One day Meet starting times will be determined after the organization meeting held by the Convenor. ARTICLE XV;  
Section 4, PAGE 9, is not applicable for Alpine Skiing.

18. Meet and Championship Format:

The format for the Meet will be discussed at the Convenors Individual Sport Body Meeting. All schools participating are to send a representative to the Convenor's Individual Sport Body Meeting otherwise forfeit all rights for input.

TWO RUNS IN EACH EVENT SHALL BE HELD (WHEN POSSIBLE) IN:

WOMENS' SLALOM;  
WOMENS' GIANT SLALOM;  
MENS' SLALOM;  
MENS' GIANT SLALOM.

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19. RULES:

- any skier who is disqualified from the first run will NOT be allowed to do a second run - no exceptions.
- OFSAA regulations will be followed
- if a student/athlete did not finish or did not start, this negates a skier from the event.
- unsportsmanlike conduct negates a skier from competition that day.
- review of the course by sideslip or snow plowing only.
- Pre-skiing of the course will result in an automatic disqualification (D.Q.).

20. UNIFORM AND EQUIPMENT:

- Bib system will be used and visible at all times.
- each skier will be assigned a number and must not change numbers or this will result in a DQ.
- all skiers must wear safety straps or ski brakes.
- CSA approved helmets are mandatory.

21. SCORING:

- Team scores will be calculated by adding the best three individual total scores for that team in Slalom PLUS the best three individual total scores in Giant Slalom;

NOTE: These scores will come from the five (5) skiers identified by the coach on the registration (entry ) form.

22. GENERAL POLICIES:

- Each coach shall take care of his/her own financial arrangements.
- Each team shall be accompanied by a coach all day.
- CSA approved helmets must be worn when racing.
- The convenor has the right to remove any skier who is exhibiting poor behaviour or sportsmanship or wearing inappropriate clothing.
- It is recommended that qualified First Aid personnel and equipment be available at the Meet but Coaches will provide all consumable medical supplies (ie. Tape, bandaids, etc.) for their student/athletes.

23. Zone Entries and Advancement to the S.O.S.S.A Competition:

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24. SUSPENSIONS

ARTICLE XXV

- Section 1 - Ejection from competition
- Section 2 - Physical or Verbal Altercation

25. STANDING COMMITTEE(S)

ARTICLE IX

Section 3 - Board of Reference - SANCTIONS AND PROTESTS

- Procedures
- Penalties
- Protests
- Procedures

26. SOSSA INC.: BOYS' AND GIRLS' ALPINE SKIING:

Constitution and By-Laws: pages 1 to 25 of the SOSSA handbook;

BOYS' AND GIRLS' ALPINE SKIING (DOWN HILL): pages 58 to 59 of the SOSSA handbook.

The zone championship will held in the winter. Dates "TBA". Check [www.sossa.on.ca](http://www.sossa.on.ca) for dates and check [www.ofsaa.on.ca](http://www.ofsaa.on.ca) for possible provincial tournaments.

27. CONVENING S.O.S.S.A. CHAMPIONSHIPS

ARTICLE XXIX

28. SOSSA "HOST" TEAM FOR OFSAA CHAMPIONSHIPS:

If a school hosts an OFSAA Championship, the school has the first right of acceptance or refusal of the SOSSA Championship for that activity, in the same school year, as the OFSAA Championship