

1. Girls' - WINTER Sport		HOCKEY		2. ZONE/SOSSA/OFSAA	
<p>Many of the Policies in this sport specific section make a direct reference to a specific ARTICLE or SECTION in the NRHSAA CONSTITUTION/ POLICY MANUAL. Where relevant, you will find direct reference(s) to the ARTICLE and/or SECTION of the NRHSAA CONSTITUTION/ POLICY MANUAL. If you want to refer to the NRHSAA CONSTITUTION log on to <a href="http://www.dsbn.edu.on.ca">http://www.dsbn.edu.on.ca</a> and then click on "schools link". Or, use <a href="http://www.dsbn.edu.on.ca/schools.htm">http://www.dsbn.edu.on.ca/schools.htm</a>. The policies that follow are specific to this sport and should be adhered to, by every member of the NRHSAA.</p>					
<p><b>3. N.R.H.S.A.A. Zone members' phone/fax numbers - See Appendix A</b></p>					
<p><b>4. Executive Board of Reference - GENERAL (Responsibilities; Procedures);</b></p>					
<p><b>5. Athletic Convenors</b></p>					
6. Soliciting	7. Insurance	8. Personal Property	9. Team Selection	10. Safety Players must wear mouth guards, ear flaps, and neck guards. Goaltenders must wear the protective flap with their goaltender mask.	11. Supervision of Interscholar Teams
12. Eligibility for...					
a). ... a School:  1 Team/School	b). ... an Individual;  c) Special Considerations.	13. Transfers:  -Sect.2, Board of Reference - TRANSFER (Procedures): -Sect. 1, Transfer Policy,; -Transfer Form; (Appendix); -Transfer Meeting Dates; -Sect.2, Ineligible Ruling; -Sect.3, SOSSA Appeal Process;		14. Scheduling:  -Sect.1, Declaration of play; -Sect.2, School Classification; -Sect. 3, League and Play-off format; -Sect.4, Stages of Scheduling.	
<p>.Sport Specific Policies that may or may not be in the NRHSAA Constitution and Policy Manual.</p>					
15. Eligibility sheets ; 16. Game Time; 17. Timing of games; Running the clock; 18. Home School Responsibilities: - provide and prepare minor officials (scorekeeper and timer); -use "DSBN" score sheets or facsimile.	Home School Responsibilities con't.....  19. Accredited Officials; 20: Official Rule Book; Zone policies first, then the OMHA Book. 21. Pay the Officials. 22. Report the scores	23. Suspensions;  Sect. 1: Ejection -  Sect. 1a: Game Suspensions -  Sect. 2: Physical or verbal altercation .  24. Suspensions/Ejections leading to a Teams' removal from league play		25. Board of Reference - SANCTIONS And PROTESTS:  Sanctions: Procedures, Penalties, Protests: Procedures.	
<p><b>26. League Format:</b></p>					
27. Play-off format;		28. TIE BREAKING PROCEDURES when determining a play-off position:			
29. CONVENING SOSSA CHAMPIONSHIPS; 31. SOSSA "HOST" TEAM FOR OFSAA CHAMPIONSHIPS		30. Sending TWO teams from SOSSA to OFSAA			

**IMPORTANT:**

The policies that follow are specific to this sport and must be adhered to by every member of the NRHSAA.

Each sport policy is numbered. Many of the Policies in this sport specific section make a direct reference to a specific ARTICLE or SECTION in the NRHSAA CONSTITUTION/ POLICY MANUAL. Where relevant, you will find direct reference(s) to the ARTICLE and/or SECTION of the NRHSAA CONSTITUTION/ POLICY MANUAL. If you want to refer to the NRHSAA CONSTITUTION log on to <http://www.dsbm.edu.on.ca> and then click on "schools link". Or, use <http://www.dsbm.edu.on.ca/schools.htm>. Make sure that you are familiar with each one.

1. Season of Play: Girls = Winter Season
2. Levels of Competition
 

Senior Level	Girls	ZONE; S.O.S.S.A.; O.F.S.A.A.
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3. Members: Appendix A
4. Executive:
 

EXECUTIVE COMMITTEE	ARTICLE VI
ROLES OF THE EXECUTIVE	ARTICLE VII
STANDING COMMITTEES	ARTICLE IX
Section 1 - Board of Reference - GENERAL	
5. CONVENORSHIPS
 

Section 1 - Athletic Convenors	ARTICLE XIV
Section 2 - Athletic Convenor Packages	
6. SOLICITING STUDENTS
 

ARTICLE XVIII	ARTICLE XVIII
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7. INSURANCE
 

ARTICLE XIX	ARTICLE XIX
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8. PERSONAL PROPERTY
 

ARTICLE XX	ARTICLE XX
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9. TEAM SELECTION
 

ARTICLE XXII	ARTICLE XXII
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10. SAFETY
 

ARTICLE XXII	ARTICLE XXII
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As of June/2003, players must wear mouth guards, ear flaps, and neck guards. Goaltenders must wear the protective flap with their goaltender mask.
11. SUPERVISION OF INTERSCHOOL TEAMS
 

ARTICLE XXIII	ARTICLE XXIII
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12. ELIGIBILITY
 

ARTICLE XI	ARTICLE XI
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Section 1 - School

1 team/school that is eligible to pursue a Zone/SOSSA/OFSAA championship.

Section 2 - Individual

- The athlete's birth certificate indicates that she has not reached her 19<sup>th</sup>. birthday by January 1<sup>st</sup>. prior to the start of the school year in which the competition is held.

NOTE: NO student/athlete is eligible for ZONE HOCKEY whose name has appeared on a game sheet, and has dressed, after DECEMBER 1<sup>ST</sup>. for any SENIOR AAA teams of the CWHL, or who is a member of the National Junior Under 18 or National Senior team.

Next page for more

ALSO: To be considered a team eligible for OFSAA Girls' Hockey Championship play, a team must play in an Association approved league and play a **minimum of a 6 game schedule** and/or participated in a minimum of 6 exhibition/tournament games.

ALSO: Any athlete participating in an OFSAA Championship or an OFSAA qualifying event must have participated as a member of a bona fide high school program during the **current season under the supervision of a teacher-coach** as certified by the school principal.

### Section 3 - Special Consideration

- |    |   |             |
|----|---|-------------|
| 13 | TRANSFERS                                 | ARTICLE XII |
|    | STANDING COMMITTEE(S)                     | ARTICLE IX  |
|    | Section 2 - Board of Reference - TRANSFER |             |

Transfer meeting dates will be published the first week in Sept. of the current school year.

Section 1 - Transfer Policy  
Section 2 - Ineligible Ruling  
Section 3 - S.O.S.S.A. Appeal Process

- |     |                                 |            |
|-----|---------------------------------|------------|
| 14. | SCHEDULING                      | ARTICLE XV |
|     | Section 1 - Declaration of Play |            |

### Section 2 - School Classification

According to ARTICLE XV; Section 1 , a team may opt to play at a higher classification if they declare their intention by the Declaration of Play deadlines. SEE THE TABLE BELOW ON HOW TO "DECLARE UP".

DECLARING UP: A school cannot just decide that a team is changing divisions!  
If your school would like to declare up for this sport, this must be done in writing, on letterhead, signed by a Principal or Vice Principal of that school.  
The written declaration must go the NRHSAA Zone Secretary, the Athletic Convenor running this sport, and also be forwarded to the SOSSA Secretary by NOVEMBER 15<sup>TH</sup>. of each school year.  
The school must submit the written declaration first.

Section 3 - League and Play-off Format - Refer to Section 25 of this document.

Section 4 - Stages of Scheduling - To be determined each year

As of April 2009, no games shall be scheduled during the week that schools go into exams.

SPORT SPECIFIC POLICIES:

GAME DAY AND SCHOOL RESPONSIBILITIES:

- |     |                    |             |
|-----|--------------------|-------------|
| 15. | ELIGIBILITY SHEETS | ARTICLE XII |
|-----|--------------------|-------------|

1. Player eligibility is the sole responsibility of the Principal/Coach(es) of each school;
2. A copy of a signed NRHSAA eligibility sheet must be received by the Convenor at least 2 full school days prior to each team's first league game.
3. Eligibility sheets should be exchanged by coaches prior to each league/play-off game.

16. GAME TIME: ARTICLE XV; Section 4

17. Timing of Games:

1. Zone 3 will play 2, 20 minute periods (stop time) OR until curfew, whichever comes first.
2. Zone 4 will play 3, 15 minute periods (stop time) OR until curfew, whichever comes first.
3. For both zones, in the last ten (10) minutes of the game with a "5" or more goal spread, the clock shall run; and with three (3) minutes remaining in the game with a "3" or more goal spread, the clock shall run.
4. The referee has the option to stop a game at any time.

18. HOME SCHOOL RESPONSIBILITIES:

- provide and prepare minor officials (scorekeeper and timer)
- use "DSBN" score sheets or facsimilie;

19. OFFICIALS: All officials must be accredited.

20. OFFICIAL RULE BOOK: Zone policies first, then the OMHA - Official Rule Book FOR HOCKEY will govern Zone Hockey.

21. PAYMENT OF OFFICIALS ARTICLE XXV

The home team is responsible for payment of officials for all league and play-off games.  
 The amount will be announced at the first meeting.  
 The visiting team is responsible for transportation costs to and from the competition.

If a gate is charged at a play-off game then all expenses will be paid from the gate (referees, minor officials, linesmen, security, score keepers, etc.) and the remainder of the gate will be divided equally between the home and visiting team.

In the event a play-off game is played at a neutral site then the cost of officials will be shared equally between participating teams.

22. REPORTING SCORES ARTICLE XXVI

The home team will report the scores to the Athletic Convenor in charge. The official scoresheet must be received by the convenor no later than 2 full school days following the competition.

23. SUSPENSIONS ARTICLE XXIV

Section 1 - Ejection from competition

As of November 2003, WHEN A PLAYER IS EJECTED FROM A GAME, THAT PLAYER IS NOT TO LEAVE THE ICE SURFACE UNTIL MET BY A COACH AT THE EXIT DOOR. THE COACH IS TO WALK THE PLAYER TO THE CHANGE ROOM.

Section 1a: **Game Suspensions leading to a team removal from league play:**

1. Following a **one "game suspension"** (defined as a penalty which results in a player missing the next game (or

more than one game) as the result of a game \*misconduct or match penalty due to unsportsmanlike behaviour, as defined by the OMHA rule book), the high school administrator will receive a form letter from the NRHSAA Executive, through the sports convenor, indicating the suspension as well as the progressive repercussions should more suspensions occur within that season.

2. Following a teams's **third "game suspension"** that team will be notified that it will be on a one year "probation" during the following season. Probation indicates that should that team incur three game suspensions once again, in that following season, said team will be removed from league play for the remainder of that season (forfeiting any rights to post season participation), and will not be permitted to participate in that sport in the season to follow.
3. following a teams's **fifth "game suspension"** within a season, that team will be removed from league play, effective immediately, and will not be permitted to participate in the following season.

Section 2 - Physical or Verbal Altercation

NOTE and a POINT OF CLARIFICATION:

As of school year 2006/07, If a player(s) is/are ejected from a league or play off high school hockey game, there will be an automatic 1 game suspension. (Refer to: Constituion page 21, Article XXIV - Section 1). AND  
 For other hockey OMHA altercations EXCEPT FOR MP 38 and GM - 30 (dealing with fighting) identified by a referee(s), the OMHA SUSPENSIONS will be applied by the Convenor.  
 For MP 38 and GM 30 (dealing with fighting) and other altercations, SECTION 2 OF ARTICLE XXV page 22 OF THE NRHSAA CONSTITUTION will be applied by the Convenor.

As of April 2009, the following policy is adopted from OFSAA Girls Hockey Regs pg 5 #9 Rules and Officials :

- c) If a player receives a **major penalty**, her team will play shorthanded for five (5) minutes and that player is ineligible in the remainder of that game and in her team's next game. (See exception in (e) **major for fighting**.)
- e) If a player receives a **game misconduct penalty**, that player is ineligible to play in the remainder of that game and her team's next game. The disciplinary review committee may review the offence and sign a further suspension.

24 FURTHER CLARIFICATION TO THE 1-3-5 RULE AND GAME SUSPENSIONS/EJECTIONS LEADING TO A TEAM'S REMOVAL FROM LEAGUE PLAY: motion passed Nov. 6/06

NRHSAA - Constitutional sanctions will be applied ONLY to the following GM, INS, AGG and GRM infractions as listed in the OMHA Manual of Operations.

GM 30 -	Fighting;	SEE ABOVE - "Section 2 - Physical or Verbal Altercation"	
GM 31 -	2 <sup>nd</sup> . Fight;		
GM 32 -	3 <sup>rd</sup> . , 4 <sup>th</sup> . , 5 <sup>th</sup> . into a fight;		
GM 33 -	Leaving a Players Bench or Penalty Box; Coach who has the 1 <sup>st</sup> . Player leave a bench or Penalty Box;		
INS 36 -	Instigator ;		
AGG 37 -	Aggressor;		
GM 51 -	Checking form behind	(Major and Game) + 3 MORE GAMES;	
GM 53 -	High Sticking	(Major and Game) + 2 MORE GAMES;	
GM 54 -	Cross Checking	(Major and Game) + 2 MORE GAMES;	
GM 55 -	Slashing	(Major and Game) + 2 MORE GAMES;	
GM 57 -	Boarding/Body Checking	(Major and Game) + 2 MORE GAMES;	
GM 58 -	Elbowing/Kneeing	(Major and Game) + 2 MORE GAMES;	
GM 59 -	Charging	(Major and Game) + 2 MORE GAMES;	
GM 63 -	Discriminatory Slur		= 3 GAMES
GM 64 -	Trash Talking		= 2 GAMES
GRM 60 -	Travesty of the Game		= 3 GAMES

GRM 61 -	Obscene Gesture		= 3 GAMES
GRM 62 -	Removing Helmet		= 3 GAMES
GRM 66 -	Head Butt	DOUBLE MINOR	= 3 GAMES
GRM 67 -	Butt Ending	DOUBLE MINOR	= 3 GAMES
GRM 68 -	Spearing	DOUBLE MINOR	= 3 GAMES

ALL OTHER PENALTIES ASSESSED WILL NOT BE PART OF THE 1 -3 -5 RULING IN NRHSAA GIRLS' HOCKEY.

25. STANDING COMMITTEE(S) ARTICLE IX

Section 3 - Board of Reference - SANCTIONS AND PROTESTS

- Procedures
- Penalties
- Protests
- Procedures

26. League Format for NRHSAA ZONE 3 AND 4 Girls' Hockey: Numbers represent enrolment figures as of Oct 31, 2004

Both Zones 3 and 4 have been divided into 2 senior divisions based on the previous October 31 population; no division can be unbalanced greater than 1; school(s) can declare over to another division; another school(s) may go the other way; if one or more schools declares over, and no other school(s) goes the other way, the school(s) with the lowest population in Division 2 or 6 must go the other way. If there becomes a situation where there is only one school within a division (A/AA/AAA/AAAA), then school movement will occur where there may be an unbalanced situation greater than 1.

ZONE 3 - DIVISION 5 SENIOR	ZONE 3 - DIVISION 6 SENIOR	ZONE 4 - DIVISION 1 SENIOR	ZONE 4 - DIVISION 2 SENIOR
Confederation Jean Vanier Niagara CC Ridgeway-CB Port Colborne Fort Erie Eastdale Centennial	St. Michael Westlane E. L Crossley AN Myer St. Paul Stamford Lakeshore Catholic Notre Dame	Beacon Great Lakes CC Heritage CC Smithville DCHS Lakeport Niagara Dist. South Lincoln West Park Kernahan Park Thorold	Laura Secord Gov. Simcoe Eden St. Francis Beamsville Sir Winston Churchill St. Catharines Collegiate Blessed Trinity Grimsby Holy Cross Denis Morris
Junior A	Junior AA	Junior A	Junior AA
699 or less	700 and more	699 or less	700 and more
Zone 3:  Confederation Eastdale Fort Erie Jean Vanier Niagara CC Port Colborne Ridgeway-CB	Zone 3:  AN Myer Centennial St. Michael's Stamford ELCrossley Lakeshore Catholic St. Paul's Westlane Notre Dame	Zone 4:  Beacon Great Lakes CC Heritage CC Kernahan Park Lakeport Laura Secord Niagara Dist. Smithville DCHS South Lincoln St. Francis Thorold West Park	Zone 4:  Blessed Trinity Beamsville Eden Governor Simcoe Grimsby Holy Cross St. Catharines Collegiate S. W. C. Denis Morris

27. League PLAY-OFF format for NRHSAA ZONE 3 AND 4 Girls' Hockey:

Play-offs will be determined at the Convenors Individual Sport Body Meeting. It is suggested that for A/AA/AAA/AAAA Divisions that have 8 or more schools, top 8 make the play-offs; 6 or 7 school, top 6 make the play-offs; 4 or 5 schools, top 4 make the play-offs; 2 or , all 2 or 3 make the play-offs; 1 school, that school would be the zone representative at SOSSA.

All schools participating are to send a representative to the Convenors Individual Sport Body Meeting otherwise forfeit all **rights for input in** the league and play-off format.

### **Breaking a play-off tie because of an Arena Curfew:**

1) \*\* TIED PLAY-OFF GAME:

If a play-off game is tied at point 10 minutes before the arena curfew time, then the game will be stopped; there will be a 5 minute sudden death overtime (straight time) period played. If a tie still exists then a sudden death shoot out will occur.

2) \*\* NOT TIED AT 10 MINUTES before curfew BUT BECOMES TIED at curfew:

If a play-off game is NOT tied at a point 10 minutes before the arena curfew time, then the game continues. If the game is tied AT curfew then the winner will be the team ahead at a point 10 minutes before curfew.

**\*\*NOTE: BOTH 1) AND 2) WILL ONLY BE IN EFFECT IF THE CURFEW COMES BEFORE THE END OF REGULATION GAME TIME.**

28. TIE BREAKING PROCEDURES when determining a play-off position when a league schedule leads to play-offs: ARTICLE XVII

- (1) Record between tied teams;
- (2) Record against teams higher in the standings (1 above, then 2 above, etc.);
- (3) Record against teams lower in the standings (1 below, then 2 below, etc.);

(4) (a) coin flip to determine play-off position only.

The convenors will determine a time and location for the coin flip. Schools involved may send the coach or a representative to verify the results. If a school is unable to send a representative the school that is present for the flip will choose "heads" or "tails". If no school is present then the school that is alphabetically ranked highest will have "heads" in the coin flip (see appendix A1 and A2 for alphabetical listing for each zone). The convenor will notify schools involved of the results.

(b) Play-off in a neutral arena or a coin flip for home advantage if both coaches agree, if it is to determine the final play-off position.

(c) In the event of a four way tie, the convenors in consultation with the N.R.H.S.A.A. Executive and the schools involved will determine a tie-breaking procedure.

29. OSSA INC. GIRLS' HOCKEY: CONVENING S.O.S.S.A. CHAMPIONSHIPS ARTICLE XXVIII

Constitution and By-Laws: pages 1 to 25 of the SOSSA handbook;

GIRLS' HOCKEY: page 51 to 54. of the SOSSA handbook.

1 champion from each Zone will go to SOSSA. The championship will held in the winter at least one week prior to the OFSAA. Check ofsa.com for that date.

30. Sending TWO teams from SOSSA to OFSAA:

Sometimes, SOSSA INC is allowed to send 2 teams (including the host entry) to OFSAA. FROM SOSSA INC. ARTICLE 7 -

SECTION 3 - # 11.

“For all SOSSA INC. Sports, when SOSSA INC. qualifies to enter two (2) teams to the OFSAA tournament:

- i) the SOSSA INC. champion is an automatic entry;
- ii) the SOSSA INC. runner-up may be challenged for the second entry by the team losing to the SOSSA INC. champion in the SOSSA INC. semi-finals.

UNLESS:

- a) the challenging team is from the same zone as the runner-up and finished lower in their zone championship;
- b) the runner-up defeated a team from the same zone as the challenging team, and the defeated team finished higher than the challenging team in their zone championship.”  
(This motion does not cover a host entry)

The SOSSA championship will held in the fall at least one week prior to the OFSAA. Check [www.ofsaa.on.ca](http://www.ofsaa.on.ca) for that date.

31. SOSSA “HOST” TEAM FOR OFSAA CHAMPIONSHIPS:

If a school hosts an OFSAA Championship, the school has the first right of acceptance or refusal of the SOSSA Championship for that activity, in the same school year, as the OFSAA Championship

BUT:

JUST BECAUSE A SCHOOL REPRESENTATIVE IN ZONE 3/4 CHAIRS OFSAA GIRLS HOCKEY, THAT DOES NOT MEAN THAT THEIR SCHOOL IS AN AUTOMATIC ENTRANT INTO OFSAA.

FROM SOSSA INC. - ARTICLE 7 - SECTION 3 - # 14

“If the OFSAA representative is not from the “host” community, the “host” team will be the representative from the community where the OFSAA championship is being played. The strongest team from that community shall be selected as the “host” team. If the SOSSA, INC champion and therefore the OFSAA representative is from the “host” community, the selection of another SOSSA INC representative will be through the use of the “second” entry formula. (#30 ABOVE).

A “host” community shall be defined as the SOSSA Zone in which the OFSAA Championship is being played.”