

Presentation for Parents

Dr. David Wolfe, Ph.D.

Meeting the Challenge of Parenting Teens Why Teens Experiment & Strategies to Keep them Safe

Monday, November 24, 2008

7:15 - 8:45 p.m.

Club Italia, 2525 Montrose Road, Niagara Falls

Presentation Details ~

Teens face many pressures and choices each day concerning substance use, sexual behaviour, and abuse and violence in their peer and dating relationships. These risk behaviours are interconnected and can emerge quickly as teens enter high school and shift their focus from the family to their peers.

This presentation covers an overview of adolescent development and how teens learn to guide their choices as they experiment with new opportunities and risks. Come out and learn effective ways to help your teenager make safe and healthy choices!

About Dr. David Wolfe ~

Dr. David Wolfe is a psychologist and author specializing in issues affecting children and youth. He delivers informed, professional expertise in a friendly, engaging manner, and is highly effective in reaching a wide variety of audiences. He is currently a director at the Centre for Addiction and Mental Health and a professor of psychology and psychiatry at the University of Toronto.

Registration is free!

To register please contact:

Niagara Region Public Health, School Health Program

**905-688-8248 ext. 7156 or
1-888-505-6074**

