

**MEDIA RELEASE****October 31, 2008**

## “Mr. McDonut” Gets a Free Lunch

105.7 EZRock, Niagara’s family radio station, has partnered with B & J Catering and the Education Foundation of Niagara to promote healthy eating practices for families and children across Niagara. Every week the station receives letters and emails from elementary students, parents or school staff nominating a special class, teacher or student. Jack and Lori visit the chosen elementary class with a healthy lunch choice for the entire winning class, along with donation to the nutrition program at the school courtesy of the catering company. Hearing about the contest, Chantel Pottie, a grade 3 student from Vineland Public School, wrote in and told the station how much she loves her teacher Mr. McDonough, affectionately known as “Mr. McDonut” by his class. Winning schools are announced Monday mornings on the station and visits are made Thursdays. “This Niagara partnership promotes healthy lifestyles and supports the EFN motto of enhancing learning opportunities for students”, says Julie Densham, EFN Executive Director, “and another example of “achieving success together”.”



Grade 3 winning class, Lori Love and Jack Peets from 105.7 EZRock, Vineland PS Principal Lorne Gretzinger with “Mr. McDonut”, EFN executive director Julie Densham, Jamie Duggan from B & J Catering

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